

Track & Field Volunteer Job Descriptions

Volunteer Information

Thank you for your interest in volunteering for our Track & Field events. As a volunteer, you will have the satisfaction of knowing that you created so many memories for the athletes and their families.

Please note that most of these positions are located outside and volunteers should be prepared for any type of weather. Most volunteer shifts will be scheduled for at least four-five hour increments and may be adjusted based on the final event schedule. Each volunteer will receive a t-shirt, snacks and beverages during the event. Please wear khaki shorts/pants and closed toe athletic shoes to the event.

Job Descriptions

Throwing Events (Discus/Hammer/Javelin/Shot Put) – Volunteers will help assist meet officials, by changing the numbers on the performance board, retrieving and carrying implements back from the field to the throwing ring or runway, and holding the measuring tape if needed. (Activity level: Standing, walking, bending, lifting, carrying implements)

Long Jump/Triple Jump – Volunteers will help assist meet officials by holding the measuring tape, changing the numbers on the performance board and raking sand pits after each athlete has completed their jump. (Activity level: Standing, raking, bending)

High Jump – Volunteers will help assist meet officials by lifting and placing the crossbar back onto the pegs and adjusting the numbers on the performance board. (Activity level: Standing, lifting, reaching)

Pole Vault – Volunteers will help assist meet officials by lifting and placing the crossbar back onto the pegs. (Activity level: Standing, reaching and climbing onto and off the pit)

Hurdle Crew – Volunteers will help assist meet officials by adjusting, moving and placing hurdles around the track. Volunteers will also move starting blocks and lane markers around the track. (Activity level: Standing, walking, lifting, bending)

Hospitality – Volunteers will assist the hospitality chief to monitor, refill, stock, serve, and clean the hospitality tent to make sure the hospitality tent runs efficiently. (Activity level: Standing, customer service skills, some lifting)

Miscellaneous – Volunteers will help assist in whatever area is needed such as hydration crew, wristbands, distributing awards etc. (Activity level: Standing, walking, and lifting may be involved)