



**Myrtle Beach Freshman/Sophomore Relays**  
**Wednesday March 27, 2024**  
**TENTATIVE Events Schedule**



**Doug Shaw Memorial Stadium, Myrtle Beach, South Carolina**

***Field Relay Events (LJ/SP 3 attempts/athlete, no finals):***

**5:00pm** SO Girls Shot Put, SO Boys Shot Put

**5:45pm** FR Girls Long Jump (pit closest to track), FR Boys Long Jump (pit closest to field turf)

**6:30pm** FR Girls Shot Put, FR Boys Shot Put

**7:30pm** SO Girls Long Jump, SO Boys Long Jump

**8:15pm** FR/SO Girls High Jump (opening height TBD), FR/SO Boys High Jump (opening height TBD)

***Track Relay Events:***

**5:00pm** FR CO-ED 4x200mR (4 turn stagger, exchange zones: black, black, yellow)

**5:10pm** SO CO-ED 4x200mR

**5:25pm** FR Girls 4x800mR (waterfall start, exchange zones: blue)

**5:45pm** SO Girls 4x800mR

**6:05pm** FR Boys 4x800mR

**6:25pm** SO Boys 4x800mR

**6:45pm** FR Girls 4x100mR (exchange zones: yellow)

**6:55pm** SO Girls 4x100mR

**7:05pm** FR Boys 4x100mR

**7:15pm** SO Boys 4x100mR

**7:30pm** FR Girls DMR (waterfall start, exchanges zones: blue; 1200-400-800-1600)

**7:50pm** SO Girls DMR

**8:10pm** FR Boys DMR

**8:20pm** SO Boys DMR

**8:40pm** FR Girls 4x400mR (3 turn stagger, exchange zones: blue)

**8:45pm** SO Girls 4x400mR

**8:50pm** FR Boys 4x400mR

**8:55pm** SO Boys 4x400mR