

## Myrtle Beach Collegiate Challenge Meet Records (updated as of 4/23/21)

### Women

Event	Name	Affiliation	Mark (Conv/Wind)	Date
100 Meters	Antavia Owens	South Carolina State	11.88 (+1.8)	3/14/2015
200 Meters	Tyshonda Hawkins	Unattached	23.89 (+1.3)	3/15/2014
400 Meters	Leah Anderson	St. John's	54.97	3/9/2019
800 Meters	Erica Eades	North Dakota	2:10.09	3/14/2020
1500 Meters	Julie Culley	Unattached	4:27.27	3/10/2007
3000 Meters	Lauren Centrowitz	New Balance Pacers TC	9:32.37	3/11/2011
5000 Meters	Anne Marie Moutsinga	Coastal Carolina	16:58.11	3/12/2005
10,000 Meters	Ann Alyanak	Brooks	34:31.83	3/14/2008
100 Meter Hurdles	Tiffany Porter	Adidas	13.14 (+2.0)	3/10/2018
400 Meter Hurdles	Ashley Adams	Towson	1:00.05	3/12/2011
	Jessica Gelibert	Coastal Carolina	1:00.05	3/9/2013
3000 Meter SC	Colett Rampf	Saint Leo	10:32.89	3/10/2018
4x100 Meter Relay	Kemp, Simkins, Mitchell, Friday	Seton Hall	45.95	3/13/2010
4x200 Meter Relay	Kemp, Friday Mitchell, Simkins	Seton Hall	1:35.46	3/12/2010
4x400 Meter Relay	McCoy, Friday Martin	Seton Hall	3:46.40	3/10/2007
4x800 Meter Relay	Scott, Dyke Greenleaf, Stump	Virginia Commonwealth	9:06.40	3/11/2016
High Jump	Jeannelle Scheper	Adidas	1.80m/5' 10.75"	3/10/2018
Pole Vault	Alina McDonald	KMR Athletics	4.50m/14' 9"	3/13/2020
Long Jump	Shaunta Hamilton	Georgia Southern	5.83m/19' 1.5" (+0.5)	3/15/2008
Triple Jump	Brittney Gibbs	SIU Edwardsville	12.54m/41' 1.75" (+1.9)	3/10/2018
Shot Put	Adriane Wilson	Unattached	15.29m/50' 2"	3/12/2016
Discus	Chioma Onyekwere	Nigeria	57.77m/189' 6"	3/14/2020
Hammer	Amber Campbell	Mjolnir Throwers	69.16m/226' 11"	3/11/2005
Javelin	Samantha Taylor	Slippery Rock	46.68m/153' 2"	3/14/2014

#### Notes:

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## Myrtle Beach Collegiate Challenge Meet Records (updated as of 4/23/21)

### Men

Event	Name	Affiliation	Mark	Date
100 Meters	Demek Kemp	South Carolina State	10.48 (+1.8)	3/14/2015
200 Meters	Alonzo Spurley	Charleston Southern	21.03 (+0.2)	3/15/2008
400 Meters	Levi Brooks	Charleston Southern	47.15	3/15/2008
800 Meters	Giovani Mowatt	Howard	1:51.59	3/9/2013
1500 Meters	Carlos Jamieson	American	3:47.39	3/15/2008
3000 Meters	Sam Penzenstadler	District Track Club	8:11.73	3/12/2016
5000 Meters	Nathan Peterson	North Dakota	14:30.39	3/13/2015
10,000 Meters	Gilbert Kemboi	Unattached	30:36.27	3/11/2011
110 Meter Hurdles	Fred Townsend	T.I.S.C. Track Club	13.78 (+1.9)	3/12/2011
400 Meter Hurdles	Ethan Snyder	Lake Erie	52.67	3/12/2011
3,000 Meter SC	Austin Mclean	Unattached	8:54.42	3/14/2015
4x100 Meter Relay	Cue, Williams Davis, Dukes	LIU Brooklyn	40.25	3/12/2016
4x200 Meter Relay	Fair, Smith Dameron, Wilson	Shorter	1:25.57	3/14/2014
4x400 Meter Relay	Clark, Mattocks Robinson, Courson	UNC-Wilmington	3:12.51	3/10/2007
4x800 Meter Relay	Ledder, Smith Holdsworth, Ibadin	District Track Club	7:29.80	3/11/2016
High Jump	Darius Purcell	Appalachian State	2.16m/7' 1"	3/10/2012
Pole Vault	Mark Johnson	Unattached	5.35m/17' 6.5"	3/13/2010
Long Jump	Erik Eckleban	Coastal Carolina	7.67m/25' 2" (+0.8)	3/8/2019
Triple Jump	Ron Buchanan	North Carolina A&T	15.30m/50' 2.5" (+0.5)	3/15/2008
Shot Put	Steve Manz	Unattached	19.46m/63' 10.25"	3/15/2008
Discus Throw	Clendon Henderson	Liberty	53.92m/176' 11"	3/10/2007
Hammer Throw	Kibwe Johnson	NYAC	74.75m/245' 3"	3/14/2008
Javelin Throw	Capers Williamson	Unattached	73.85m/242' 3"	3/13/2020

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**Myrtle Beach Collegiate Challenge/Coastal Carolina Invitational Individual Event Champions (Meet Record in BOLD):****Women****100m**

2021	Milan Fields (Elite Track & Field)	12.11
2020	I'Tayia Harris (Cuyahoga CC)	12.63w
2019	Emily Horstman (Slippery Rock)	12.07w
2018	Amelia Reynolds (Radford)	11.96w
2017	Meet not held	
2016	Keziah Brown (South Carolina St.)	12.33
<b>2015</b>	<b>Antavia Owens (South Carolina St.)</b>	<b>11.88</b>
2014	Brenicke Johnson (USC Upstate)	11.78w
2013	Darriale Henley (Coastal Carolina)	12.00
2012	Breanna Alston (Appalachian State)	11.90w
2011	Ashley McCoy (N.C. Central)	11.96
2010	Alyssa Pegues (Liberty)	11.95
2009	Natalie Pearson (UNC-Asheville)	12.08
2008	Cynetheia Rooks (Unattached)	12.05
2007	Andrea Beckles (Liberty)	12.29
2006	Shayne Moore (UNC Wilmington)	12.10
2005	Wafaa Taissir (Campbell)	11.92w

**200m**

2021	Amiya Matthews (Elite Track & Field)	24.99
2020	Lucy Steinmeyer (North Dakota)	24.94w
2019	Tiyanna Johnson (Austin Peay)	24.81w
2018	Sada Williams (AllStarz Mgmt)	23.93w
2017	Meet not held	
2016	Cassandra Jones (LIU Brooklyn)	24.52
2015	Sydney Wright (Troy)	24.76
<b>2014</b>	<b>Tyshonda Hawkins (Unattached)</b>	<b>23.89</b>
2013	Ashley McCoy (N.C. Central)	24.41
2012	Breanna Alston (Appalachian St.)	24.21
2011	Ashley McCoy (N.C. Central)	24.27w
2010	Natalie Pearson (UNC-Asheville)	24.01
2009	Natalie Pearson (UNC-Asheville)	25.03
2008	Cynetheia Rooks (Unattached)	24.46
2007	Shakeema Martin (Seton Hall)	24.91
2006	Shayne Moore (UNC Wilmington)	24.84
2005	Wafaa Taissir (Campbell)	24.70w

**400m**

2021	Chalys Caruth (Mt. St. Mary's)	56.66
2020	Lucy Steinmeyer (North Dakota)	56.22
<b>2019</b>	<b>Leah Anderson (St. John's)</b>	<b>54.97</b>
2018	Sabrina Richman (Austin Peay)	56.37
2017	Meet not held	
2016	Jasmine Bailey (Slippery Rock)	56.15
2015	Christa Landy (N.C. Central)	57.29
2014	Tyshonda Hawkins (Unattached)	55.22
2013	Alicia Whittle (Kennesaw State)	55.83
2012	Amy Salek (Elon)	55.71
2011	Chiamaka Obi (Austin Peay)	55.47

2010	Chavaria Williams (N.C. Central)	55.77
2009	Amy Salek (Elon)	55.95
2008	Jennifer Jackson (N. Carolina A&T)	56.66
2007	Rashedah Arnold (Georgia Southern)	57.10
2006	Jaime Watson (Liberty)	55.96
2005	Fatima Shuler (UNC Wilmington)	58.64

**800m**

2021	Janiah Brown (unattached)	2:15.68
<b>2020</b>	<b>Erica Eades (North Dakota)</b>	<b>2:10.09</b>
2019	Amanda Sorokin (Cornerstone)	2:19.47
2018	Maddie Hunter (Davidson)	2:16.73
2017	Meet not held	
2016	Shawnee Kegley (Unattached)	2:14.80
2015	Julie Oosterhouse (Cornerstone)	2:12.57
2014	Kayla Mescher (Augustana, S.D.)	2:15.02
2013	Joy Gilmer (Howard)	2:13.96
2012	Rebekah Ricksecker (Unattached)	2:15.44
2011	Melissa Miller (Unattached)	2:15.60
2010	Shawnee Carnett (Concord)	2:14.18
2009	KeAira Dickerson (Seton Hall)	2:15.08
2008	Jennine Strange (Elon)	2:16.43
2007	Chavanne Hubbard (Seton Hall)	2:17.89
2006	Sara McElroy (Towson)	2:19.07
2005	Maggie Clark (Army)	2:15.73

**1500m**

2021	Theresa Long (Mt. St. Mary's)	4:47.16
2020	Ellyssa Peterson (North Dakota)	4:41.67
2019	Skye Christian (Seton Hill)	4:48.37
2018	Aly Goff (SIU Edwardsville)	4:41.95
2017	Meet not held	
2016	Jesse Carlin (District Track Club)	4:35.90
2015	Megan Ashton (Shawnee State)	4:47.39
2014	Rebekah Ricksecker (Unattached)	4:43.01
2013	Kerri Gallagher (Pacers New Balance)	4:35.04
2012	Megan Wright (Toledo)	4:37.75
2011	Crystal Burnick (Slippery Rock)	4:46.22
2010	Kimberly Chinn (Baldwin-Wallace)	4:38.15
2009	Andi Owens (Cornerstone)	4:44.63
2008	Cathleen Ford (American)	4:37.99
<b>2007</b>	<b>Julie Culley (Unattached)</b>	<b>4:27.27</b>
2006	Rebekah Ricksecker (Liberty)	4:44.72
2005	Ashley Urick (Army)	4:44.36

**3000m**

2021	Cate Ambrose (Coll. Of Charleston)	10:30.75
2020	Letitia Minor (Unattached)	10:47.82
2019	Alexis Cunningham (Seton Hill)	10:41.02
2018	Annie Bothma (Coastal Carolina)	10:07.94
2017	Meet not held	

2016	Adriana Hooks (American)	10:19.40
2015	Kerri Gallagher (Unattached)	9:32.61
2014	Elizabeth Tauber (Towson)	10:18.16
2013	Erin Koch (Pacers New Balance)	9:44.46
2012	Sara Armstrong (Shawnee State)	10:05.59
<b>2011</b>	<b>Lauren Centrowitz (NB Pacers TC)</b>	<b>9:32.37</b>
2010	Whitney Bishoff (Anderson, SC)	9:59.61
2009	Darcy McDonald (Dickinson)	10:06.88
2008	Kate Lilley (American)	10:03.42
2007	Caitlin Beeler (Elon)	10:20.94

#### 5000m

2021	Tess Masselink (Coll. Of Charleston)	18:04.80
2020	Makayla Lawler (Methodist)	18:21.83
2019	Juliet Ryan (Slippery Rock)	17:55.59
2018	Colett Rampf (Saint Leo)	17:01.69
2017	Meet not held	
2016	Eira Jensen (UNC-Greensboro)	18:18.30
2015	Whitney Bishoff (Unattached)	18:24.80
2014	Ashley Simmons (Towson)	17:44.50
2013	Kayla Schneider (Appalachian State)	17:47.23
2012	Kaitlin Cagle (Appalachian State)	17:35.07
2011	Brandi Gervais (Towson)	18:15.60
2010	Crystal Burnick (Slippery Rock)	17:49.40
2009	Karlyn Sikma (Hope)	18:45.30
2008	Katie Ogden (Towson)	18:37.39
2007	Ashley Osborne (Liberty)	18:19.09
2006	Meg Lerch (Towson)	17:47.29
<b>2005</b>	<b>Anne Marie Moutsinga (CCU)</b>	<b>16:58.11</b>

#### 10000m

2021	Addie Bolton (Peidmont)	41:45.32
2020	Luarel Moyer (Lockhaven)	38:37.04
2019	Kelli Smith (Cornerstone)	36:32.86
2018	Alexis McConnell (Cornerstone)	36:51.73
2017	Meet not held	
2016	Anabel Knoll (Nova Southeastern)	38:04.26
2015	Emily Marchini (Unattached)	39:38.26
2014	Samantha Hamilton (Youngstown St.)	36:51.95
2013	Jen Rock (Wayne St.)	36:47.25
2012	Emma Kertesz (Toledo)	35:02.61
2011	Jackie Kirby (Unattached)	35:46.45
2010	Kayla Brown (SIU-Edwardsville)	36:25.00
2009	Catherine Campbell (Dickinson)	38:38.52
<b>2008</b>	<b>Ann Alyanak (Brooks)</b>	<b>34:31.83</b>
2007	Carol Jefferson (Liberty)	35:22.82
2006	Ashley Ritchey (IPFW)	38:11.55
2005	Brianna Shook (Unattached)	35:29.00

#### 100mHH

2021	Daeja Belton (Converse)	14.79w
2020	Erin Brown (North Dakota)	13.96
2019	Lennox Walker (Austin Peay)	14.29w

<b>2018</b>	<b>Tiffany Porter (Adidas)</b>	<b>13.14</b>
2017	Meet not held	
2016	Anacia Hines (Coastal Carolina)	14.28
2015	Christina Davis (Coastal Carolina)	14.23
2014	Anthonia Ballard (N.C. Central)	13.87w
2013	Ashley Davis (Coastal Carolina)	13.93w
2012	Olivia Charnuski (Liberty)	14.29w
2011	Ashley Adams (Towson)	13.92
2010	Ashley Adams (Towson)	14.27
2009	Alea Murphy (Towson)	14.72
2008	Lindsay Dolan (East Carolina)	14.38
2007	Arlene Zelinskas (Liberty)	14.13
2006	Anna Raynor (UNC Wilmington)	14.40
2005	Maurika Quarles (Radford)	14.52w

#### 400mIH

2021	Jaylen Sewell (Savannah St.)	1:06.95
2020	Dayvione Briggs (Cuyahoga CC)	1:06.13
2019	Chenoa Sebastian (St. John's)	1:04.27
2018	Ann Sheehy (VCU)	1:03.70
2017	Meet not held	
2016	Mary Witmer (Liberty)	1:02.12
2015	Jennifer Esposito (Elon)	1:00.26
2014	Delesha Conquest (N.C. Central)	1:02.69
<b>2013</b>	<b>Jessica Gelibert (Coastal Carolina)</b>	<b>1:00.05</b>
2012	Veronica Luedke (Elon)	1:03.06
<b>2011</b>	<b>Ashley Adams (Towson)</b>	<b>1:00.05</b>
2010	Allison Smith (Slippery Rock)	1:02.27
2009	Chavanne Hubbard (Seton Hall)	1:03.68
2008	Aisha Bilal-Mack (East Carolina)	1:03.56
2007	Amber Wilson (Georgia Southern)	1:03.07
2006	Shaunte Cotton (UNC Wilmington)	1:04.79
2005	Danielle Hobson (Unattached)	1:02.02

#### 3000mSC

2021	Savannah Campbell (Truett-McConnell)	12:39.58
2020	Analee Bradach (Cuyahoga CC)	12:16.54
2019	Kialeigh Marston (Assumption)	11:16.50
<b>2018</b>	<b>Colett Rampf (Saint Leo)</b>	<b>10:32.89</b>
2017	Meet not held	
2016	Cathy Coryell (Cornerstone)	11:39.71
2015	Jessica Lynch (North Dakota)	11:11.29
2014	Leah Schott (Seton Hill)	11:37.43
2013	Amber Thompson (Mount Olive)	11:15.83
2012	Jill Louisignau (Cornerstone)	11:19.88
2011	Chelsea Callaway (Concord)	11:43.74
2010	Kimberly Chinn (Baldwin-Wallace)	11:06.21
2009	Carli Stout (Concord College)	11:48.37
2008	Irene Jeptolo (Winston-Salem St)	11:19.64
2007	Piper Newby (Liberty)	10:50.31
2006	Piper Newby (Liberty)	11:45.20
2005	Myra Markey (Army)	11:03.75

**4x100mR**

2021	Elite Track & Field	47.35
2020	Cuyahoga CC	50.31
2019	St. John's	48.13
2018	Coastal Carolina	46.29
2017	Meet not held	
2016	Coastal Carolina	46.16
2015	Coastal Carolina	46.81
2014	Youngstown St.	46.78
2013	Kennesaw St.	46.08
2012	Appalachian State	46.92
2011	NC Central	46.45
<b>2010</b>	<b>Seton Hall</b>	<b>45.95</b>
2009	Liberty	47.32
2008	Liberty	46.92
2007	Seton Hall	46.66
2006	Liberty	47.48
2005	Army	48.24

**4x200mR**

2021	Elite Track & Field	1:41.07
2020	Event hot held	
2019	Austin Peay	1:38.88
2018	Virginia Commonwealth	1:38.69
2017	Meet not held	
2016	Virginia Commonwealth	1:39.32
2015	Liberty	1:40.02
2014	Youngstown St.	1:38.75
2013	Elon	1:41.58
2012	Fort Valley State	1:42.62
2011	NC Central	1:37.46
<b>2010</b>	<b>Seton Hall</b>	<b>1:35.46</b>

**4x400mR**

2021	South Carolina St.	4:05.36
2020	Emmanuel (MA)	4:18.28
2019	Austin Peay	3:57.40
2018	Virginia Commonwealth	3:51.36
2017	Meet not held	
2016	North Dakota	3:49.59
2015	Elon	3:55.69
2014	Shorter	3:49.86
2013	Coastal Carolina	3:47.91
2012	Elon	3:50.49
2011	NC Central	3:49.94
2010	NC Central	3:53.81
2009	NC Central	3:55.42
2008	East Carolina	3:53.97
<b>2007</b>	<b>Seton Hall</b>	<b>3:46.40</b>
2006	Seton Hall	3:50.85
2005	Radford	3:57.61

**4x800mR**

2021	Mount St. Mary's	10:05.44
2020	Emmanuel (MA)	11:12.95
2019	Cornerstone	9:24.62
2018	Davidson	9:22.41
2017	Meet not held	
<b>2016</b>	<b>Virginia Commonwealth</b>	<b>9:06.40</b>
2015	Cornerstone	9:22.08
2014	USC Upstate	9:19.04
2013	Kennesaw State	9:29.86
2012	Cornerstone	9:22.25
2011	SIU-Edwardsville	9:32.33
2010	Cornerstone	9:26.02

**High Jump**

2021	Jahvene Walder (Savannah St.)	1.63m/5'4.25"
2020	Addie Renner (Unattached)	1.75m/5'8.75"
2019	Nia Gibbs (Austin Peay)	1.65m/5' 5"
<b>2018</b>	<b>Jeannelle Scheper (Adidas)</b>	<b>1.80m/5' 10.75"</b>
2017	Meet not held	
2016	Christina Solomon (VCU)	1.70m /5' 7"
2015	Rochelle Robb (North Dakota)	1.65m/5' 5"
2014	Kyaira Wright-Harmon (LIUB)	1.75m/5' 8.75"
2013	Megan Kirschling (Elon)	1.70m/5' 7"
2012	Shaquiela Robinson (App St.)	1.65m/5' 5"
2011	Nikki Roseberry (Radford)	1.75m/5' 8.75"
2010	Jakia Ragland (Kennesaw State)	1.65m/5' 5"
2009	Christina Mitchell (Liberty)	1.60m/5' 3"
2008	Laura Passalacqua (Towson)	1.75m/5' 8.75"
2007	Laura Passalacqua (Towson)	1.70m/5' 7"
2006	Debbie Martin (UNC Wilmington)	1.69m/5' 6.5"
2005	Shannon Burmaster (Cornerstone)	1.67m/5' 6"

**Pole Vault**

2021	Lucy Lieger (Coll. of Charleston)	3.45m/11'3.75"
<b>2020</b>	<b>Alina McDonald (KMR Athletics)</b>	<b>4.50m/14' 9"</b>
2019	Savannah Amato (Austin Peay)	3.95m/12'11.5"
2018	Savannah Amato (Austin Peay)	3.80m/12'5.5"
2017	Meet not held	
2016	Kyley Foster (North Dakota)	3.82m/12'6.25"
2015	Maribel Finger (Liberty)	3.50m/11'5.75"
2014	Sydney White (Wake Forest)	3.80m/12'5.5"
2013	Cassandra Crawford (App St.)	3.65m/11'11.75"
2012	Shelley Parker (Liberty)	3.65m/11'11.75"
2011	Brandi Harr (Cornerstone)	3.65m/11'11.75"
2010	Kim Keesler (Marietta)	3.65m/11'11.75"
2009	Brandi Hagan (Cornerstone)	3.35m/10'11.75"
2008	Amy Hart (East Carolina)	3.50m/11'5.75"
2007	Brigid Boettler (UNCW)	3.20m/10' 6"
2006	Rhonette Phillips (UNCW)	3.20m/10' 6"
2005	Jodi Taetle (Towson)	3.50m/11'5.75"

## Long Jump

2021	Sarah Glidden (Athletic Lab)	5.87m/19'3.25"w
2020	Ellie Miller (North Dakota)	5.46m/17'11"
2019	Maya Perry-Grimes (Austin Peay)	5.71m/18'9"
2018	Nichyria Byrd (SIU Edwardsville)	5.72m/18'9.25"
2017	Meet not held	
2016	Jessica Shomo (Clarion)	5.47m/17'11.5"
2015	Jazmine Bowser (Clark Atl)	5.72m/18'9.25"w
2014	Jamesha' Richard (LIU Brooklyn)	5.57m/18'3.25"
2013	Latesha Simpson (CCU)	5.75m/18'10.5"
2012	Kiah Douglas (Toledo)	5.49m/18'0.25"
2011	Saquenda Dallas (N.C. Central)	5.66m/18'7"
2010	Kiah Douglas (Toledo)	5.80m/19'0.5"
2009	Verniece Johnson (VCU)	5.66m/18'7"
<b>2008</b>	<b>Shaunta Hamilton (GA So)</b>	<b>5.83m/19'1.5"</b>
2007	Stephanie Rathbauer (Towson)	5.79m/19'0"w
2006	Anna Raynor (UNC Wilmington)	5.50m/18'0.5"
2005	Kristen Jones (Slippery Rock)	5.53m/18'1.75"

## Triple Jump

2021	Stephanie Jobe (SC State)	12.00m/39'4.5"
2020	Autumn Stokes (No. Dakota)	11.56m/37'11.25"
2019	Maya Perry-Grimes (Austin P)	11.98m/39'3.75"
<b>2018</b>	<b>Brittney Gibbs (SIU-E)</b>	<b>12.54m/41'1.75"</b>
2017	Meet not held	
2016	Taylor McCormick (VCU)	11.52m/37'9.5"
2015	Zoe Ellis (N.C. Central)	11.58m/38' 0"
2014	Chyna Davis (Tiffin)	11.83m/38'9.75"
2013	Erin Brooks (Wake Forest)	11.45m/37'6.75"
2012	Yuhong Fu (Toledo)	11.99m/39' 4"
2011	Mia Aghaji (Liberty)	11.83m/38' 9.75"
2010	Megan Dennis (SIU-E)	11.90m/39' 0.5"
2009	Shemelia Brandon (Radford)	12.05m/39'6.50"
2008	Demetrise Anthony (GA So.)	12.36m/40'6.75"w
2007	Shemelia Brandon (Radford)	12.12m/39'9.25"
2006	Shemelia Brandon (Radford)	12.27m/40'3.25"
2005	Demiracle Washington (CCU)	11.85m/38'10.5"

## Shot Put

2021	Beatrice Puiu (Unattached)	12.92m/42'5.75"
2020	Beatrice Puiu (Unattached)	14.51m/47'7.25"
2019	Lexi Stevenson (Seton Hill)	14.03m/46'0.5"
2018	Lexi Stevenson (Seton Hill)	13.89m/45'7"
2017	Meet not held	
<b>2016</b>	<b>Adriane Wilson (Unattached)</b>	<b>15.29m/50'2"</b>
2015	Mychelle Cumings (Liberty)	15.10m/49'6.5"
2014	Emmaline Berg (Dartmouth)	14.01m/45'11.75"
2013	Charlise Morgan (Elon)	13.32m/43'8.5"
2012	Gayshawna Watkins (App St.)	14.17m/46' 6"
2011	Shannel Shivers (Towson)	13.04m/42'9.5"
2010	Urysla Cotton (Elon)	13.66m/44'9.75"
2009	Natalie Duncan (VCU)	12.57m/41' 3"

2008	Johnna Zaccari (Dayton)	13.55m/44'5.5"
2007	Emily Greeson (GA Southern)	13.89m/45' 7"
2006	Stephanie McNeill (Citadel)	14.23m/46'8.25"
2005	Tiffany Evans (Radford)	13.96m/45' 9.75"

## Discus

2021	Christina Znidarsic (Tiffin)	38.39m/125'11"
<b>2020</b>	<b>Chioma Onyekwere (Nigeria)</b>	<b>57.77m/189' 6"</b>
2019	Laquel Harris (Shaw)	47.65m/156'4"
2018	Denise O'Rourke (VCU)	46.27m/151' 10"
2017	Meet not held	
2016	Alyssa Lueck (North Dakota)	46.91m/153' 11"
2015	Mychelle Cumings (Liberty)	49.85m/163' 6"
2014	Jennifer Nicholson (Liberty)	45.24m/148' 5"
2013	Mychelle Cumings (Liberty)	49.68m/163' 0"
2012	Anjulia Nicholson (CCU)	45.17m/148' 2"
2011	Kristin Wykoff (SIU-E)	42.87m/140' 8"
2010	Brittany Connor (CCU)	44.35m/145' 6"
2009	Ashley Howard (Unattached)	46.47m/152' 5"
2008	Ashley Howard (Winthrop)	46.63m/153' 0"
2007	Jamie Mushatt-Valrie (CCU)	43.44m/142' 6"
2006	Jamie Mushatt-Valrie (CCU)	41.21m/135' 2"
2005	Tamara Bryant (CCU)	48.50m/159' 1"

## Hammer

2021	Aluara Holycross (Tiffin)	49.07m/161'10"
2020	Molli Bellanger (Velaasa)	65.32m/214'4"
2019	Jennifer Odoemene (St. John's)	53.58m/175'9"
2018	Lizzie Virgl (SIU Edwardsville)	55.40m/181' 9"
2017	Meet not held	
2016	Jocelyn Williams (Unattached)	60.17m/197' 5"
2015	Molli Detloff (North Dakota)	54.25m/178' 0"
2014	Laura Igaune (Unattached)	62.44m/204'10"
2013	Kimberlyn Holt (Elon)	50.86m/166'10"
2012	Melinda Bendik (Liberty)	58.58m/192' 2"
2011	Shantelle Patterson (CCU)	50.32m/165' 1"
2010	Aimee Veatch (Radford)	55.56m/182' 3"
2009	Aimee Veatch (Radford)	54.79m/179' 9"
2008	Crystal Smith (Unattached)	68.05m/223' 3"
2007	Tamara Bryant (CCU)	52.43m/172' 0"
2006	Amber Campbell (Unattached)	66.45m/218' 0"
<b>2005</b>	<b>Amber Campbell (Mjolnir)</b>	<b>69.16m/226'11"</b>

## Javelin

2021	Areyanna Scott (C. Charelston)	42.94m/140'10"
2020	Isabel Waite (North Dakota)	39.79m/130' 6"
2019	Bailey Dell (Windsor AC)	42.39m/139' 1"
2018	Chloe White (CCU)	41.43m/135' 11"
2017	Meet not held	
2016	Samantha Taylor (Slippery Rock)	45.59m/149' 7"
2015	Jayd Eggert (North Dakota)	45.66m/149'10"
<b>2014</b>	<b>Samantha Taylor (SRU)</b>	<b>46.68m/153' 2"</b>
2013	Christina Mitchell (Liberty)	43.83m/143' 9"

2012	Danielle England (CCU)	43.27m/141'11"
2011	Deborah Mattern (CCU)	41.63m/136' 7"
2010	Deborah Mattern (CCU)	41.36m/135' 8"
2009	Joanna Borawski (Unattached)	46.58m/152'10"
2008	Kelly Robinson (Towson)	45.10m/147'11"
2007	Joanna Borawski (Seton Hall)	43.02m/141' 2"
2006	Kelly Robinson (Towson)	45.73m/150' 0"
2005	Ellen Wagner (Concord)	38.11m/125' 0"

### Men's Event Champs (meet record holder in BOLD)

#### 100m

2021	Devin Brewington (SC State)	10.71w
2020	Jamal Bouie (Edward Waters)	10.84
2019	Donovan Goode (Coastal Carolina)	10.85w
2018	Jon Okoye (Nigeria)	10.69
2017	Meet not held	
2016	Therius Styles (Coastal Carolina)	10.74
<b>2015</b>	<b>Demek Kemp (South Carolina St.)</b>	<b>10.48</b>
2014	Evan Emery (High Point)	10.61w
2013	Joseph Wilson (Coastal Carolina)	10.87
2012	Dennis Moore (Appalachian St.)	10.82
2011	Rozzie Johnson (Charleston Southern)	10.65
2010	Jason Moore (P2 Elite Track Club)	10.59
2009	Jamaree Gordon (Kentucky State)	10.70
2008	Alonzo Spurley (Charleston Southern)	10.50
2007	John Carr (UNC-Wilmington)	10.84
2006	Ravanno Ferguson (Liberty)	10.56
2005	Thomas Pressley (The Citadel)	10.80w

#### 200m

2021	Devin Brewington (SC State)	21.30w
2020	Devante Kinlaw (Dreamchaserz)	21.82
2019	David Allen (Coastal Carolina)	21.85w
2018	Jon Okoye (Nigeria)	21.94
2017	Meet not held	
2016	Delano Davis (LIU Brooklyn)	21.41
2015	Jordan Landburg (Unattached)	21.49
2014	Randall Dameron (Shorter)	21.61
2013	Joseph Wilson (Coastal Carolina)	21.68
2012	Leonard Robbins (Liberty)	21.68
2011	Jeffery Pendergrass (Voorhees)	21.42
2010	Jeffery Pendergrass (Voorhees)	21.09
2009	Abraham Morlu (Unattached)	22.09
<b>2008</b>	<b>Alonzo Spurley (Charleston Southern)</b>	<b>21.03</b>
2007	Jason Lambert (Coastal Carolina)	21.90
2006	Ravanno Ferguson (Liberty)	21.49
2005	Jon Krysa (UNC Wilmington)	21.72w

#### 400m

2021	Julian Hazen (Piedmont)	49.01
2020	Jamal Bouie (Edward Waters)	49.63
2019	Everett Pirtle (Assumption)	48.80
2018	Dontay Jacobs (Seton Hill)	48.45

2017	Meet not held	
2016	Tyrell Richard (South Carolina St.)	48.25
2015	Jordan Landburg (Unattached)	47.67
2014	Mica-Jonathan Petit-Homme (LIUB)	48.00
2013	DeAndra Lipscomb (Coastal Carolina)	48.52
2012	Randy Curry (Unattached)	47.84
2011	Taylor Courtney (Liberty)	48.16
2010	Jamar Holmes (Benedict)	48.80
2009	James Gurr (Seton Hall)	48.49
<b>2008</b>	<b>Levi Brooks (Charleston Southern)</b>	<b>47.15</b>
2007	Zeickia Ledwell (UNC Wilmington)	47.86
2006	James Gurr (Seton Hall)	48.21
2005	Zeickia Ledwell (UNC Wilmington)	48.03

#### 800m

2021	Alvin Jacobs (Piedmont)	1:53.26
2020	Conor Creedon (Piedmont)	1:57.82
2019	Max Michaud (Assumption)	1:57.46
2018	Alvin Jacobs (Piedmont)	1:56.43
2017	Meet not held	
2016	Elijah Case (South Carolina St.)	1:54.43
2015	JJ Webber (Northern Kentucky)	1:55.76
2014	Thomas Scott (Unattached)	1:52.96
<b>2013</b>	<b>Giovani Mowatt (Howard)</b>	<b>1:51.59</b>
2012	Matthew Shaffer (Anderson-SC)	1:54.13
2011	Isaac Cox (Cornerstone)	1:56.71
2010	Andrew Chebii (Winston-Salem St.)	1:53.28
2009	Josh Wilks (Seton Hill)	1:56.93
2008	Brandon Jones (N.C. Central)	1:54.12
2007	Dan Wilson (Unattached)	1:52.68
2006	Jarrell Warthen (Radford)	1:55.47
2005	Steve Migliore (Army)	1:56.73

#### 1500m

2021	Jaylen Lasseter (Tiffin)	3:57.56
2020	Zachary King (North Dakota)	4:06.28
2019	Andrew Southard (Coastal Carolina)	3:56.22
2018	Damon Akers (Concord)	4:00.06
2017	Meet not held	
2016	Edose Ibadin (District Track Club)	3:56.19
2015	Luis Vargas (Elon)	3:55.81
2014	Thomas Bojanowski (Wake Forest)	3:58.29
2013	Chris Kwiatkowski (Pacers New Balance)	3:55.12
2012	Marcus Bridger-Wilkinson (Belmont)	3:55.03
2011	Marcus Bridger-Wilkinson (Belmont)	4:00.70
2010	Colin Eustis (American)	3:59.24
2009	Rob Novak (Seton Hall)	3:59.69
<b>2008</b>	<b>Carlos Jamieson (American)</b>	<b>3:47.39</b>
2007	Brendan Fennell (American)	3:50.51
2006	Jamie McCarthy (Coastal Carolina)	3:56.46
2005	Phil Sakala (Army)	3:53.78

**3000m**

2021	John Wang (Tiffin)	9:03.43
2020	Jacob Koontz (Unattached)	9:12.74
2019	Andrew Avery (Coastal Carolina)	9:00.49
2018	Hutson Baumann (Coastal Carolina)	8:48.21
2017	Meet not held	
<b>2016</b>	<b>Sam Penzenstadler (District Track Club)</b>	<b>8:11.73</b>
2015	Chris Kwiatkowski (Unattached)	8:24.72
2014	Kyle Graves (Wake Forest)	8:35.80
2013	Chris Kwiatkowski (Pacers New Balance)	8:25.68
2012	Brad Liston (Shawnee State)	8:37.19
2011	Colin Eustis (American)	8:30.58
2010	Craig Brown (American)	8:29.39
2009	Kyle Kling (Coastal Carolina)	8:36.31
2008	Brendan Fennell (American)	8:17.88
2007	Matthew Barresi (Unattached)	8:32.55

**5000m**

2021	Jacob Thompson (Unattached)	15:36.33
2020	Sean Kay (Unattached)	15:56.80
2019	Doug Hollett (Cornerstone)	15:22.78
2018	Jason Weitzel (Concord)	14:56.19
2017	Meet not held	
2016	Justin Gragg (Mars Hill)	14:51.02
<b>2015</b>	<b>Nathan Peterson (North Dakota)</b>	<b>14:30.39</b>
2014	Elkanah Kibet (Unattached)	14:35.22
2013	Daniel Blouin (Unattached)	14:49.42
2012	Matt Miller (Belmont)	14:49.93
2011	Kyle Kling (Coastal Carolina)	14:57.47
2010	Cole Atkins (High Point)	14:58.48
2009	Greg Leak (Dickinson)	15:13.31
2008	Josh Edmonds (Liberty)	15:08.26
2007	Doug Currie (Coastal Carolina)	14:52.37
2006	Doug Currie (Coastal Carolina)	15:07.57
2005	Terah Kipchiris (Coastal Carolina)	14:38.48

**10000m**

2021	Chris Bailey (Without Limits)	30:57.76
2020	Luke Vanderhoff (Lockhaven)	33:40.26
2019	Wesley Gray (Austin Peay)	32:41.55
2018	Anthony Deleva (Saint Leo)	31:56.82
2017	Meet not held	
2016	Josh Richardson (Mt Vernon Naz)	31:44.23
2015	Travis Mabe (Cornerstone)	32:13.97
2014	Eric Rupe (Youngstown St.)	30:48.81
2013	Kenneth Janosko (Baldwin-Wallace)	31:02.15
2012	Josh MacDonald (Liberty)	30:57.09
<b>2011</b>	<b>Gilbert Kemboi (Unattached)</b>	<b>30:36.27</b>
2010	Zach Ripley (Cornerstone)	31:51.87
2009	Christian Bailey (Col. of Charleston)	32:06.28
2008	Tim Ross (Unattached)	31:58.24
2007	Pawel Kornoszeki (Seton Hall)	32:26.24
2006	Johnny Mitchell (Coastal Carolina)	33:07.82

2005	Mike Earle (Campbell)	31:27.30
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**110mHH**

2021	Tyler Graves (Coastal Carolina)	14.12w
2020	Jack Vetch (North Dakota)	15.01
2019	Corey Gaither (Davidson)	14.90
2018	Ian Davis (Virginia Commonwealth)	14.68w
2017	Meet not held	
2016	Kevondre Hunt (Coastal Carolina)	14.33
2015	Desmond Wallace (Coastal Carolina)	14.65
2014	Vincent Wyatt (Radford)	13.81w
2013	Wallace Spencer (Howard)	14.43
2012	Wallace Spencer (Howard)	14.41w
<b>2011</b>	<b>Fred Townsend (T.I.S.C. Track Club)</b>	<b>13.78</b>
2010	William Lindsey (SIU-Edwardsville)	14.15
2009	Charles Lindsay (N.C. Central)	14.50
2008	Jack Hutchison (Coastal Carolina)	14.50
2007	Jack Hutchison (Coastal Carolina)	14.74
2006	Travis Morancie (Seton Hall)	14.75
2005	Jim Chmelik (Coastal Carolina)	14.89

**400mIH**

2021	Jourdan Bell (Edward Waters)	54.52
2020	George Mecca (Alfred)	58.83
2019	Terrill Stanley (Coastal Carolina)	54.28
2018	Sean Caveney (Davidson)	54.95
2017	Meet not held	
2016	Jacob Van Houten (Slippery Rock)	53.35
2015	Ryan Davis (Liberty)	52.91
2014	Wendell Forbes (Unattached)	53.29
2013	Matthew Lights (Coastal Carolina)	53.33
2012	Keon Melson (Unattached)	53.75
<b>2011</b>	<b>Ethan Snyder (Lake Erie)</b>	<b>52.67</b>
2010	William Lindsey (SIU-Edwardsville)	53.28
2009	Carl Smith (Seton Hall)	55.39
2008	Jamel Brown (Citadel)	54.05
2007	Tim O'Donnell (Liberty)	53.74
2006	Tyrone Murphy (Coastal Carolina)	53.22
2005	Zeickia Ledwell (UNC Wilmington)	53.69

**3000mSC**

2021	Camren Warner (Trevecca Naz.)	9:30.80
2020	Max Miller (Piedmont)	10:34.93
2019	Colin De Young (Cornerstone)	9:14.47
2018	Austin McLean (Unattached)	9:07.17
2017	Meet not held	
2016	Harrison Toney (Roanoke)	9:39.37
<b>2015</b>	<b>Austin Mclean (Unattached)</b>	<b>8:54.42</b>
2014	Brad Liston (Shawnee State)	9:11.04
2013	Josh MacDonald (Liberty)	8:57.26
2012	Josh Cox (Appalachian State)	9:28.82
2011	Alex Green (Cornerstone)	9:31.84
2010	Evans Kigen (Liberty)	9:13.68

2009	Jason MacCollum (Elon)	9:37.53
2008	Zach Ripley (Cornerstone)	9:21.11
2007	Ian Bracy (UNC-Wilmington)	9:47.34
2006	Daniel Ball (Wheaton)	9:29.30
2005	Eric Heely (Army)	9:14.58

#### 4x100mR

2021	Coastal Carolina	41.19
2020	Piedmont	42.92
2019	Cornerstone	43.88
2018	Coastal Carolina	42.14
2017	Meet not held	
<b>2016</b>	<b>LIU Brooklyn</b>	<b>40.25</b>
2015	South Carolina St.	41.65
2014	Shorter	41.56
2013	Baldwin-Wallace	42.43
2012	Appalachian St.	41.23
2011	Liberty	41.53
2010	Radford	41.71
2009	NC Central	42.22
2008	Coastal Carolina	41.88
2007	UNC Wilmington	41.81
2006	UNC Wilmington	41.32
2005	UNC Wilmington	41.41

#### 4x200mR

2021	Trueet-McConnell	1:28.17
2020	Methodist	1:34.69
2019	Alderson-Broadus	1:29.88
2018	Coastal Carolina	1:26.56
2017	Meet not held	
2016	Coastal Carolina	1:25.92
2015	South Carolina St.	1:26.75
<b>2014</b>	<b>Shorter</b>	<b>1:25.57</b>
2013	Howard	1:30.30
2012	Seton Hill	1:28.58
2011	NC Central	1:26.94
2010	Kennesaw State	1:27.08

#### 4x400mR

2021	South Carolina State	3:26.81
2020	Piedmont	3:25.42
2019	Coastal Carolina	3:17.48
2018	Virginia Commonwealth	3:17.24
2017	Meet not held	
2016	South Carolina State	3:15.59
2015	South Carolina State	3:16.14
2014	Shorter	3:14.06
2013	Coastal Carolina	3:15.29
2012	Cornerstone	3:20.96
2011	NC Central	3:16.63
2010	SIU Edwardsville	3:16.77
2009	Cornerstone	3:22.87

2008	NC Central	3:17.33
<b>2007</b>	<b>UNC-Wilmington</b>	<b>3:12.51</b>
2006	Liberty	3:14.26
2005	Coastal Carolina	3:17.02

#### 4x800mR

2021	Mount St. Mary's	8:00.83
2020	Methodist	8:38.94
2019	Coastal Carolina	8:00.21
2018	Concord	8:01.22
2017	Meet not held	
<b>2016</b>	<b>District Track Club</b>	<b>7:29.80</b>
2015	Northern Kentucky	7:52.80
2014	High Point	7:51.65
2013	Liberty	7:45.37
2012	Fort Valley State	7:43.79
2011	Cornerstone	7:53.53
2010	Kennesaw State	7:42.43

#### High Jump

2021	Dallas Wise (Coastal Carolina)	2.08m/6'9.75"
2020	Nolan Hovland (North Dakota)	2.05m/6' 8.75"
2019	Kevin Hack (Assumption)	1.93m/6' 4"
2018	Julian Harvey (SIU Edwardsville)	2.05m/6' 8.75"
2017	Meet not held	
2016	Trent Baltzell (Unattached)	2.03m/6' 8"
2015	Reggie Nelson (Coastal Carolina)	2.08m/6' 9.75"
2014	Tyler Parrish (Unattached)	2.05m/6' 8.75"
2013	Daryl Saunders (Appalachian St.)	2.10m/6'10.75"
<b>2012</b>	<b>Darius Purcell (Appalachian St.)</b>	<b>2.16m/7' 1"</b>
2011	Tyler McIntosh (Seton Hill)	2.05m/6' 8.75"
2010	Tony Brown (Radford)	2.05m/6' 8.75"
2009	Jacques Watson (CCU)	2.15m/7' 0.5"
2008	Matt Parker (Liberty)	2.10m/6'10.75"
2007	Matt Parker (Liberty)	2.00m/6' 6.75"
2006	Dan Oseth (Radford)	2.10m/6'10.75"
2005	Andrew Hayton (Cornerstone)	2.08m/6' 10"

#### Pole Vault

2021	Daniel Normoyle (Athletic Lab)	4.71m/15' 5.5"
2020	Alex Torp (North Dakota)	4.71m/15' 5.5"
2019	Dylan Colcombe (Slippery Rock)	4.41m/14' 5.5"
2018	Jordan Pacheco (Slippery Rock)	4.75m/15' 7"
2017	Meet not held	
2016	Deon Fox (Cornerstone)	5.00m/16'4.75"
2015	Alex Barker (Liberty)	4.60m/15' 1"
2014	Michael Cyphers (Wake Forest)	5.05m/16'6.75"
2013	Kolby Shepherd (Unattached)	4.90m/16'0.75"
2012	Kolby Shepherd (Liberty)	4.45m/14'7.25"
2011	Kolby Shepherd (Liberty)	5.15m/16'10.75"
<b>2010</b>	<b>Mark Johnson (Unattached)</b>	<b>5.35m/17' 6.5"</b>
2009	Brad Schweitzer (Cornerstone)	4.30m/14'1.25"
2008	Kolby Shepherd (Liberty)	4.90m/16'0.75"

2007 Colton Weaver (UNCW) 4.45m/14'7.25"  
 2006 Mark Johnson (Coastal Carolina) 4.90m/16'0.75"  
 2005 Mark Johnson (Coastal Carolina) 4.90m/16'0.75"

### Long Jump

2021 David Ejumeta (Coastal Carolina) 7.63m/25'0.5"  
 2020 Cameron Kinney (North Dakota) 7.03m/23'0.75"  
**2019 Erik Eckleban (Coastal Carolina) 7.67m/25'2"**  
 2018 Julian Harvey (SIU Edwardsville) 7.43m/24' 4.5"  
 2017 Meet not held  
 2016 Jeffrey Jones (South Carolina St.) 7.41m/24'3.75"  
 2015 Randall Flimmons (Unat) 7.32m/24'0.25"w  
 2014 Reggie Nelson (CCU) 7.13m/23'4.75"w  
 2013 Myles Williams (Howard) 6.74m/22' 1.5"w  
 2012 Aron Kurzinski (Seton Hill) 6.90m/22' 7.75"  
 2011 Travaria Wilson (Unattached) 6.91m/22' 8"  
 2010 Kevin Reddington (Liberty) 7.20m/23' 7.5"w  
 2009 Chad Phillips (Coastal Carolina) 6.78m/22' 3"  
 2008 Augustus Scott (Unattached) 6.96m/22' 10"  
 2007 Brandyn Mitchell (UNCW) 7.17m/23' 6.25"  
 2006 Sam Tilly (Campbell) 7.08m/23' 2.75"  
 2005 Sam Tilly (Campbell) 6.98m/22' 11"w

### Triple Jump

2021 Dallas Wise (Coast. Carolina) 15.37m/50'5.25"  
 2020 Austin Wolf (North Dakota) 13.71m/44'11.75"  
 2019 Richie Sadler (Coastal Carolina) 14.68m/48'2"  
 2018 Logan Webb (SIUE) 14.21m/46' 7.5"w  
 2017 Meet not held  
 2016 Dandrell Utley (Lenoir-Rhyne) 14.21m/46'7.5"  
 2015 Derrick Kinloch (CCU) 14.16m/46'5.5"  
 2014 Antonio Combs (Tiffin) 14.86m/48'9"  
 2013 Matthew Colvin (Howard) 14.99m/49'2.25"  
 2012 TJ Wilson (Mount Olive) 14.34m/47'0.75"  
 2011 Alonzo Moore (T.I.S.C. TC) 15.00m/49'2.5"  
 2010 LaQuan Priest (Clafin) 14.21m/46'7.5"  
 2009 Aron Kurzinski (Seton Hill) 14.01m/45'11.75"  
**2008 Ron Buchanan (NC A&T) 15.30m/50' 2.5"**  
 2007 Nic Moore (Radford) 14.34m/47'0.75"  
 2006 Travis Midgette (UNCW) 14.30m/46' 11"  
 2005 Lincoln Gordon (Campbell) 14.96m/49' 1"

### Shot Put

2021 Isaiah Allen (Tiffin) 16.59m/54'5.25"  
 2020 Trel Phillips (Emory & Henry) 13.92m/45' 8"  
 2019 Mitchell Saviak (Mt Vernon Naz) 17.22m/56'6"  
 2018 JJ Ollio (Slippery Rock) 16.17m/53'0.75"  
 2017 Meet not held  
 2016 Mitchell Pope (Unattached) 18.11m/59' 5"  
 2015 Fred Fulton (Liberty) 16.85m/55'3.5"  
 2014 John Seaver (Youngstown St.) 16.65m/54'7.5"  
 2013 Mitchell Supan (BW) 16.77m/55'0.25"  
 2012 Jake Deaton (Unattached) 17.96m/58'11.25"

2011 Ryan Smith (Liberty) 17.25m/56'7.25"  
 2010 Ryan Smith (Liberty) 16.49m/54'1.25"  
 2009 Travis Coleman (Winthrop) 16.18m/53' 1"  
**2008 Steve Manz (Unattached) 19.46m/63'10.25"**  
 2007 Clendon Henderson (Liberty) 16.33m/53' 7"  
 2006 James Nixon (Radford) 16.61m/54' 6"  
 2005 Anthony Greer (Unattached) 16.93m/55'6.5"

### Discus

2021 John Casper (Tiffin) 51.10m/167' 8"  
 2020 Matt Culhane (North Dakota) 49.60m/162' 9"  
 2019 JJ Ollio (Slippery Rock) 50.69m/166' 4"  
 2018 JJ Ollio (Slippery Rock) 46.57m/152' 9"  
 2017 Meet not held  
 2016 Ian Collins (North Dakota) 50.37m/165' 3"  
 2015 Fred Fulton (Liberty) 50.99m/167' 3"  
 2014 Steve Michaelsen (Wake Forest) 49.24m/161' 6"  
 2013 Mitchell Supan (Baldwin-Wall.) 50.70m/166' 4"  
 2012 Jake Deaton (Unattached) 53.71m/176' 2"  
 2011 Clendon Henderson (Liberty) 53.64m 176' 0"  
 2010 Ben Bishop (SIU-Edwardsville) 49.84m/163' 6"  
 2009 Eric Smalls (N.C. Central) 50.43m/165' 5"  
 2008 Mike Gray (Mansfield) 51.08m/167' 7"  
**2007 Clendon Henderson (Liberty) 53.92m/176'11"**  
 2006 Clendon Henderson (Unat) 48.20m/158' 2"  
 2005 Craig Buerstatte (Army) 49.24m/161' 6"

### Hammer

2021 Tom Parker (Blackheath&Brom.) 62.64m/205'6"  
 2020 Nathaniel Padfield (Unattached) 59.01m/193'7"  
 2019 Nathaniel Padfield (Unattached) 58.21m/191'0"  
 2018 Nick Matthews (SIUE) 60.23m/197'7"  
 2017 Meet not held  
 2016 Ryan Minor (Coastal Carolina) 58.86m/193'1"  
 2015 Andy Fryman (Unattached) 68.60m/225'1"  
 2014 Connor Neu (Youngstown St.) 62.57m/205' 3"  
 2013 Andy Fryman (Unattached) 67.87m 222' 8"  
 2012 Andy Fryman (Unattached) 64.22m/210' 8"  
 2011 Charlie Tidwell (CCU) 58.81m/192'11"  
 2010 Timothy Morse (Radford) 63.40m/208' 0"  
 2009 Matt Dobson (Radford) 56.36m/184'11"  
**2008 Kibwe Johnson (NYAC) 74.75m/245' 3"**  
 2007 Jon Hart (Liberty) 61.42m/201' 6"  
 2006 Jeremiah Spence (Radford) 59.77m/196' 1"  
 2005 Matt Roden (UNC Wilmington) 61.49m/201' 9"

### Javelin

2021 Steele Butzin (Tiffin) 58.94m/193'4"  
**2020 Capers Williamson (Unat) 73.85m/242'3"**  
 2019 Craig Zuccolotto (Seton Hill) 55.12m/180'10"  
 2018 Capers Williamson (Unat) 69.27m/227'3"  
 2017 Meet not held  
 2016 Denzel Pratt (Liberty) 66.93m/219' 7"

2015	Steve Feister (Liberty)	66.42m/217'11"
2014	Christian Spaulding (High Point)	68.19m/223'9"
2013	Michael Belardia (Wake Forest)	62.30m/204' 5"
2012	Michael Deitzler (CCU)	60.22m/197' 7"
2011	Elliott Galeone (Liberty)	69.11m/226' 9"
2010	Jason Flanagan (CCU)	66.36m/217' 8"
2009	Ryan Bell (Liberty)	64.91m/212'11"
2008	Barrick Spencer (East Carolina)	63.11m/207' 0"
2007	Nate Hardic (Slippery Rock)	62.38m/204' 8"
2006	Kyle Hoddy (Coastal Carolina)	59.21m/194' 3"
2005	Brandon Woerth (Army)	61.99m/203' 4"