

Annual Team Champions

Girls			Boys		
Year	School (City, ST)	Pts	School (City, ST)	Pts	
2025	Westlake (Atlanta, GA)	86	Westlake (Atlanta, GA)	84	
2024	Bullis School (Potomac, MD)	134	Hoover (Hoover, AL)	90	
2023	Alexander (Douglasville, GA)	114	Spring Valley (Columbia, SC)	90	
2022	Alexander (Douglasville, GA)	142.5	Alexander (Douglasville, GA)	82	
2021	Elizabeth Seton (Bladensburg, MD)	136	Carolina Forest (Myrtle Beach, SC)	123	
2020	Meet not held (Covid)	-	Meet not held (Covid)	-	
2019	Bishop England (Daniels Island, SC)	82	McEachern (Power Springs, GA)	71	
2018	Nansemond River (Suffolk, VA)	98	Waccamaw (Pawley's Island, SC)	68	
2017	Meet not held (Renovation)	-	Meet not held (Renovation)	-	
2016	South County (Lorton, VA)	131.50	Trenton Central (Trenton, NJ)	100	
2015	Southeast Raleigh (Raleigh, NC)	133	Hanahan (Hanahan, SC)	84	
2014	South County (Lorton, VA)	114.25	Southeast Raleigh (Raleigh, NC)	97.5	
2013	Newark Tech (Newark, NJ)	76	Wayne (Huber Heights, OH)	78	
2012	Newark Tech (Newark, NJ)	91	Wayne (Huber Heights, OH)	107	
2011	Alexander (Douglasville, GA)	79	Wayne (Huber Heights, OH)	90	
2010	Ardrey Kell (Charlotte, NC)	119	Dunbar (Dayton, OH)	78.50	
2009	Wayne (Huber Heights, OH)	127	Wayne (Huber Heights, OH)	136	
2008	J. L. Mann (Greenville, SC)	195	Andrews (Andrews, SC)	91.5	
2007	Emerald (Greenwood, SC)	110	St. James (Murrells Inlet, SC)	105.25	
2006	Loris (Loris, SC)	147	Andrews (Andrews, SC)	142	
2005	Emerald (Greenwood, SC)	120	Spring Valley (Columbia, SC)	179	



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Boys Meet Records

Event	Name (School, ST)	Mark (w/metric)	Date
100m	Nyckoles Harbor (Archbishop Carrol-DC)	10.29 (+1.8)	4/1/2022
200m	Nyckoles Harbor (Archbishop Carrol-DC)	20.95 (+0.4)	4/1/2022
400m	Trevor Stewart (South County-VA)	47.88	4/2/2016
800m	Quincy Wilson (Bullis School-MD)	1:50.44	4/5/2024
1600m	John Crossley (West Carteret-NC)	4:18.39	4/6/2013
3200m	Elliot Dotson (Hillcrest-SC)	9:18.38	4/1/2022
110mHH	Anthony Waterman (Dematha Catholic-MD)	13.77 (+0.6)	4/6/2024
400mIH	William Spencer (Highland Springs-VA)	52.77	4/6/2019
2000m SC	Gavin Sweeney (Lake Norman-NC)	6:12.67	4/2/2022
4x100mR	Westlake (GA) (Kenan Walton, Sidi Njie, Noah Tarver, Miles Gibbs)	40.70	4/5/2025
4x200m Relay	Hoover (Hoover, AL) (Dallas Beck, Denver Cash, DeMarion Gardner, Jordan Woolen)	1:27.09	4/5/2024
4x400m Relay	Bullis School (Potomac, MD) (Cameron Homer, Matthew Goines, Chris Tangelo-48.45, Quincy Wilson-45.69)	3:11.48	4/6/2024
4x800mR	Ardrey Kell (Charlotte-NC) (Nicholas Kapur, Dan Whalen, Raphael Rojas, Christian White)	8:07.40	4/2/2011
High Jump	Shyhiem Scotland (Wren-SC)	2.06m/6' 9"	4/3/2021
Pole Vault	Javin Richards (Perry, OH)	4.73m/15' 6.25"	4/2/2022
Long Jump	Jaden Slocum (Alpharetta-GA)	7.05m/23' 1.25" (+0.2)	4/7/2018
Triple Jump	Cameron Hudson (Cedar Shoals-GA)	14.95m/49' 0.75" (0.0)	4/6/2019
Shot Put	Robert Landers (Wayne-OH)	18.86m/61' 10.5"	4/4/2015
Discus Throw	Lovell Peterson (Wayne-OH)	53.58m/175' 9"	4/5/2013
Hammer Throw	Colin Minor (South Brunswick-NC)	68.16m/223' 7"	4/4/2014
Javelin Throw	Brayden Richards (Perry-OH)	53.48m/175' 5"	4/1/2023
All conditions records, wind aided marks above legal +2.0mps			
200m	Nyckoles Harbor (Archbishop Carrol-DC)	20.76w (+2.4)	4/2/2022
Long Jump	T'mars McCallum (Carolina Forest, SC)	7.54m/24' 9"w (+3.1)	4/1/2022



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Girls Meet Records

Event	Name (School-ST)	Mark (W)	Date
100m	Victoria Teasley (Alexander-SC)	11.63 (+1.8)	4/1/2023
200m	Payton Payne (Bullis School-MD)	23.56p (+0.3)	4/5/2024
400m	Madison Gardner (Woodward Academy-GA)	54.35	4/6/2024
800m	Psalmn Jones (Freedom-Woodbridge-GA)	2:14.86	4/5/2024
1600m	Sasha Neglia (Dobyns-Bennett-TN)	5:03.43	4/6/2018
3200m	Evelyn Rogers (Elizabeth Seton-MD)	10:36.75	4/5/2024
100mHH	Kennedy Flynn (Bullis School- MD)	13.92 (+0.6)	4/6/2024
100mHH	Akala Garrett (Harding-NC)	13.46w (+3.2)	4/2/2022
400mLH	Akala Garrett (Harding-NC)	58.25	4/2/2022
2000mSC	Bethany Simpson (Bourbon County-KY)	7:23.20	4/6/2024
4x100mR	Woodward Academy-GA (Madison Gardner, Taylor Gullatte, Sydney Glee, Chelsea Williams)	47.24	4/6/2024
4x200mR	Alexander (Douglasville-GA) (Victoria Teasley, Shia Tobias-Wolffe, Cortney Adams, Adaejah Hodge)	1:37.92	4/1/2022
4x400mR	Bullis School (Potomac-MD) (Favor Udeochu, Kennedy Brown, Kassidy Hopkins 56.63, Morgan Rothwell 53.76)	3:43.04	4/6/2024
4x800mR	Bishop McNamara High School (Forestville-MD) (Chloe Maignan 2:23.41, Amber Wimbish 2:16.52, Justice McDaniel, Sky Simmons)	9:38.41	4/5/2024
High Jump	Miracle McLean, Carolina Forest	1.68m/5' 6"	4/5/2025
Pole Vault	Hannah Grace (Coastal Christian-NC)	4.19m/13' 9"	4/6/2024
Long Jump	Synclair Savage (North Cobb Christian)	6.08m/19' 11.5" (0.0)	4/5/2019
Triple Jump	Jayla Brown (McEachern-GA)	12.24m/40' 2" (+1.4)	4/6/2019
Shot Put	Khayla Dawson (Olympic-NC)	14.40m/47' 3.25"	4/2/2016
Discus Throw	Ayanna Hunt (Westside-SC)	47.19m/154' 10"	4/5/2025
Hammer Throw	Shoshana Isis Trostman (Centerville-OH)	47.19m/154' 10"	4/2/2016
Javelin Throw	Brett Jones (Porter Gaud-SC)	41.43m/135' 11"	4/6/2024

All conditions records, wind aided marks above legal +2.0mps

100m	Victoria Teasley (Alexander-SC)	11.54w (+2.8)	3/31/2023
Long Jump	ADAEJAH HODGE (Alexander-GA)	6.11m/20'0.50"w (+4.2)	4/1/2022



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Girls Individual Event Champions:

(Meet Records in BOLD)

100m

2025 Shaniya Shirley, Hough	12.17 (+1.9)
2024 Chelsea Williams, Woodward	12.07 (+0.4)
2023 Victoria Teasley, Alexander 11.63 (+1.8), 11.54wp	
2022 Autumn Burrell, Hillcrest	12.14w (+2.3)
2021 Victoria Perrow, Bullis School	11.77 (+1.3)
2020 Meet not held	
2019 Tierra Frasier, Rock Hill	11.86 (+0.9)
2018 Brene' Donaldson, Nansemond River	12.17 (+1.3)
2017 Meet not held	
2016 Kierra Henderson, South County	12.30w (+2.5)
2015 Kyla Wright, Southeast Raleigh	12.73 (-0.1)
2014 Kerisha Goode, South County	12.38 NWI
2013 Felecia Majors, South County	11.91 NWI
2012 Chrystal Derr, Dobyns Bennett	12.21 NWI
2011 Priscilla Harts, Myrtle Beach	12.04 NWI
2010 Priscilla Harts, Myrtle Beach	12.36 NWI
2009 Priscilla Harts, Myrtle Beach	12.36 NWI
2008 Darriale Henley, J. L. Mann	11.93 NWI
2007 Carissa Spivey, Conway	13.05 NWI
2006 Tyeshia McDuffie, Sumter	12.82 NWI
2005 Michele Scotland Emerald	12.91 NWI

200m

2025 Sydnee Wilson, Westside	24.68 (+0.7)
2024 Sydney Sutton, Bullis School	24.01, 23.87p
2024 Payton Payne, Bullis School 23.56p (+0.3)	
2023 Victoria Teasley, Alexander	24.25 (+1.6)
2022 Victoria Teasley, Alexander	24.37 (+0.7)
2021 Victoria Perrow, Bullis School	24.56 (-1.3)
2020 Meet not held	
2019 Tierra Frasier, Rock Hill	24.69 (+1.2)
2018 Kori Carter, Nansemond River	24.63 (+1.5)
2017 Meet not held	
2016 Henderson, Kierra South County	25.53 (+0.1)
2015 Kyla Wright, Southeast Raleigh	25.63w (+3.8)
2014 Raven Grant, Conway	24.78 NWI
2013 Felecia Majors, South County	23.92 NWI
2012 India Brown, West Florence	25.71 NWI
2011 Priscilla Harts, Myrtle Beach	24.84 NWI
2010 Priscilla Harts, Myrtle Beach	25.65 NWI
2009 Lauren Ellis, West Florence	24.94 NWI
2008 Briana Nelson, J. L. Mann	25.07 NWI
2007 Courtney Kinlaw, Carolina Forest	25.85 NWI
2006 Tyeshia McDuffie, Sumter	26.61 NWI
2005 Narzahni Crumbie Myrtle Beach	29.10 NWI

400m

2025 Kiley Mitchell, Alpharetta	58.02
2024 Madison Gardner, Woodward 54.35	
2023 Ja'Naya Linder, Atkins	57.34
2022 Adaejah Hodge, Alexander	55.34
2021 Sage Hinton, Bullis School	57.71
2020 Meet not held	
2019 Jada Jones, Rock Hill	56.56
2018 Jelonne Smith, South Brunswick	58.43
2017 Meet not held	
2016 Tatiana Mills, Phillip O Berry	59.67
2015 Lindsay Wheeler, Ardrey Kell	57.24
2014 Jasmin Allen, Southeast Raleigh	58.11
2013 Audrey Holt, Alpharetta	56.45
2012 Leveshia McClain, Hartsville	59.16
2011 Briana Haith, Granville Central	58.95
2010 Leanna Morrison, Berkeley	57.64
2009 Lauren Ellis, West Florence	57.31
2008 Briana Nelson, J. L. Mann	56.01
2007 Erica Morris, Johnsonville	58.22
2006 Courtney Kinlaw, Carolina Forest	1:01.67
2005 Courtney Kinlaw Carolina Forest	1:02.97

800m

2025 Ana Laurient, Wando	2:16.68
2024 Psalm Jones, Freedom (Woodbridge) 2:14.86	
2023 Annie Miller, Metrolina Christian	2:17.08
2022 Autumn Headrick, Dobyns Bennett	2:25.06
2021 Jenna Downey, N. Myrtle Beach	2:22.13
2020 Meet not held	
2019 Harper Russell, Cherokee	2:25.75
2018 Alexandra Marko, Donovan Catholic	2:21.73
2017 Meet not held	
2016 Jazzmone Boyd, Rocky River	2:19.61
2015 Alexis Szivan, Amherst Steele	2:17.72
2014 Katara Burks, Bradwell Institute	2:24.73
2013 Katie Cease, West Carteret	2:21.58
2012 Sydney Schaedel, T.C. Williams	2:19.74
2011 Jonnise Pierce, Trenton Central	2:23.64
2010 Clarricia Golden, Sumter	2:20.53
2009 Clarricia Golden, Sumter	2:24.66
2008 Caroline Burdette, J. L. Mann	2:31.47
2007 Nodia Robinson, West Ashley	2:27.45
2006 Anastasia Wilson, Myrtle Beach	2:30.26
2005 Anastasia Wilson Myrtle Beach	2:38.60

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1600m

2025 Ashlynn Kuklica, John Glenn	5:15.98
2024 Evelyn Rogers, Elizabeth Seton	5:04.71
2023 Olivia Bufalini, Laney	5:07.92
2022 Autumn Headrick, Dobyns Bennett	5:09.64
2021 Hattie Jennings, Greer Middle College	5:23.93
2020 Meet not held	
2019 Kaiti Nutt, Hartsville	5:27.19
2018 Sasha Neglia, Dobyns-Bennett	5:03.43
2017 Meet not held	
2016 Noel Palmer, Liberty Christian	5:20.24
2015 Kiley Aymor, Ardrey Kell	5:25.01
2014 Louisa Mcpherson, South County	5:18.81
2013 Grace Barnett, Waccamaw	5:07.95
2012 Carmen Hilliard, South Brunswick	5:15.96
2011 Kaitlyn Kramer, Ardrey Kell	5:15.56
2010 Kaitlyn Kramer, Ardrey Kell	5:08.41
2009 Clarricia Golden, Sumter	5:33.09
2008 Katherine Borowicz, J. L. Mann	5:15.01
2007 Erin McDaniel, Ashley	5:47.83
2006 Bridget Williams, Andrews	6:00.03
2005 Sunday Ford Wren	5:34.00

3200m

2025 Olivia Smeck, Lincoln	11:25.79
2024 Evelyn Rogers, Elizabeth Seton	10:36.75
2023 Gia Leone, Waccamaw	11:02.60
2022 Robyn Walsh North Myrtle Beach	11:19.96
2021 Hattie Jennings, Greer Middle Col.	12:00.32
2020 Meet not held	
2019 Anna Margaret Loftus, Waccamaw	11:54.64
2018 Sasha Neglia, Dobyns-Bennett	10:45.57
2017 Meet not held	
2016 Noel Palmer, Liberty Christian	11:28.08
2015 Kiley Aymor, Ardrey Kell	11:50.35
2014 Lisa Pieterse, Carolina Forest	11:27.58
2013 Lisa Pieterse, Carolina Forest	11:46.14
2012 Carmen Hilliard, South Brunswick	11:44.12
2011 Kaitlyn Kramer, Ardrey Kell	11:39.83
2010 Kramer, Kaitlyn Ardrey Kell	11:06.39
2009 Benjamin Jenerette, N. Myrtle Beach	12:19.03
2008 Katherine Borowicz, J. L. Mann	11:19.52
2007 Kerstin Hornung, West Ashley	12:43.59
2006 Leigh Hancock, Carolina Forest	14:32.52
2005 Sunday Ford Wren	11:52.00

100mHH

2025 Cheyenne Hill, New Manchester	14.27 (+1.1)
2024 Kennedy Flynn, Bullis School	13.92 (+0.6)
2023 Kiyami Zimmerman, Monroe Area	15.35
2022 Akala Garrett, Harding	13.46w (+3.2)
2021 Myla Greene, Bullis School	15.01 (+0.7)
2020 Meet not held	
2019 Taylor Robinson, Westside	14.40 (+1.2)
2018 Kori Carter, Nansemond River	14.18 (+1.3)
2017 Meet not held	
2016 Alaina Pagliaro, South County	15.03w (+2.3)
2015 Hamilton, Khamyra Trenton Central	16.39 (-0.7)
2014 Jacklyn Howell, Southeast Raleigh	14.13 NWI
2013 Morgan Knight, South County	14.78 NWI
2012 Jennifer Cannon, Tennessee	14.23 NWI
2011 Leanna Morrison, Berkeley	15.38 NWI
2010 Leanna Morrison, Berkeley	15.21 NWI
2009 Sierra Tunstall, Wayne	16.23 NWI
2008 Morrison, Catrina Berkeley	16.15 NWI
2007 Brillya Gilchrist, Emerald	16.24 NWI
2006 Ivory Jenrette, Loris	18.09 NWI
2005 Janie Weatherman Emerald	18.03 NWI

400mLH

2025 Caroline Woods, Wando	1:05.59
2024 Kennedy Brown, Bullis School	1:02.30
2023 Clare Fico, Waccamaw	1:09.10
2022 Akala Garrett, Harding	58.25
2021 Myla Greene, Bullis School	1:05.80
2020 Meet not held	
2019 Chakiya Plummer, McEachern	1:02.78
2018 Ariana Rivera, Providence	1:03.98
2017 Meet not held	
2016 Claudia Cox, South Central	1:03.67
2015 Briley Arnold, Waccamaw	1:09.27
2014 Ennijah Majors, South County	1:05.20
2013 Elexis Guster, Berkmar	1:03.22
2012 Jennifer Cannon, Tennessee	1:02.60
2011 Leanna Morrison, Berkeley	1:02.62
2010 Bendu Dukuly, Trenton Central	1:07.60
2009 Sierra Tunstall, Wayne	1:09.17
2008 Leanna Morrison, Berkeley	1:06.00
2007 Gilchrist, Brillya Emerald	1:08.67
2006 Shinique Hudson, Myrtle Beach	1:16.64
2005 Aja Wright Lamar	1:19.00

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2000mSC

2025 Riley Payne, Hough	8:48.08
2024 Bethany Simpson, Bourbon County	7:23.20
2023 Bethany Simpson, Bourbon County	7:36.84
2022 Grace McKoon, Perry,	8:10.71
2021 Kayah Marquez, N. Myrtle Beach	8:42.75
2020 Meet not held	
2019 Harper Russell, Cherokee	7:56.15
2018 Isabella Strajanekova, North Shore	8:08.48
2017 Meet not held	
2016 Morgan Mihalís, Lakeside	7:24.47
2015 Hannah Sokol, Dobyns-Bennett	8:05.09
2014 Bri South, Dobyns-Bennett	8:10.44
2013 Sydney Teague, Ardrey Kell	8:29.66

4x100mR

2025 Alpharetta	48.15
2024 Woodward Academy	47.24
2023 Alexander	48.18
2022 Alexander	47.70
2021 Bullis School	47.73
2020 Meet not held	
2019 Highland Springs	48.21
2018 Nansemond River	47.55f, 47.25p
2017 Meet not held	
2016 South County	50.40
2015 Southeast Raleigh	49.33
2014 South County	48.44
2013 Dreher	49.28
2012 Newark Tech	49.11
2011 Alexander	49.63
2010 Berkeley	50.08
2009 Wayne	49.75
2008 J. L. Mann	48.89
2007 Johnsonville	51.10
2006 Loris	52.34
2005 Emerald	50.40

4x200mR

2025 Olympic	1:43.82
2024 Bullis School	1:40.06
2023 Gahanna Lincoln	1:40.87
2022 Alexander	1:37.92
2021 Bullis School	1:44.26
2020 Meet not held	
2019 Bradwell Institute	1:42.50
2018 Bradwell Institute	1:45.73
2017 Meet not held	
2016 Perry	1:52.23
2015 Southeast Raleigh	1:44.19

2014 Southeast Raleigh	1:43.33
2013 Withrow	1:42.99
2012 Dobyns Bennett	1:43.90
2011 Berkeley	1:46.01
2010 Ardrey Kell	1:43.40

4x400mR

2025 Moorestown	4:00.31
2024 Bullis School	3:43.04
2023 Gahanna Lincoln	4:06.96
2022 Alexander	3:56.50
2021 No. Myrtle Beach	4:25.28
2020 Meet not held	
2019 McEachern	4:03.65
2018 Spring Valley	4:04.61
2017 Meet not held	
2016 South County	4:07.28
2015 Southeast Raleigh	4:04.10
2014 South County	3:57.25
2013 Alpharetta	4:01.85
2012 Newark Tech	4:05.59
2011 Berkeley	4:10.14
2010 Ardrey Kell	4:05.48
2009 Ardrey Kell	4:10.30
2008 Berkeley	4:01.14
2007 West Ashley	4:19.80
2006 Loris	4:27.32
2005 Emerald	4:13.00

4x800mR

2025 Moorestown	9:42.26
2024 Bishop McNamara	9:38.41
2023 Hoggard	9:40.67
2022 Dobyns Bennett	10:11.16
2021 Greer Middle College Charter	10:33.68
2020 Met not held	
2019 Bishop England	10:07.49
2018 Dobyns-Bennett	10:01.53
2017 Meet not held	
2016 Centerville	10:02.62
2015 Dobyns-Bennett	10:09.54
2014 South County	10:05.47
2013 Alpharetta	9:53.01
2012 Wayne	9:52.46
2011 Trenton Central	9:44.65
2010 Trenton Central	9:51.29
2009 Wayne	10:14.54
2008 J. L. Mann	10:03.07
2007 West Ashley	10:29.50
2006 Loris	11:32.72
2005 Myrtle Beach	11:21.92

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High Jump

2025 Miracle McLean, Carolina Forest	1.68m/5-06.00
2024 I'mara Ford, Moorestown	1.63m/5-04.25
2023 Yamine Cook, Stratford	1.52m/4-11.75
2022 Ta'tyana Anderson, Bradwell Inst.	1.52m/4-11.75
2021 Savannah Jordan, North Myrtle Beach	4-11.00
2020 Meet not held	
2019 Alyssa Flink, Rock Hill	4-11.75
2018 Hannah Watson, Dobyns-Bennett	5-02.00
2017 Meet not held	
2016 Kenya Livingston, Rocky River	5-00.00
2015 Kadasia Evans, Darlington	5-04.00
2014 Desaree Green, Carvers Bay	5-02.00
2013 Brionna Singleton, Newark Tech	5-04.00
2012 Brionna Singleton, Newark Tech	5-02.00
2011 Cristina Wright, Carolina Forest	5-02.00
2010 Kaila Smith, Ardrey Kell	5-00.00
2009 Leah Fox, Wayne	5-00.00
2008 Shanique Hudson, Myrtle Beach	5-02.00
2007 Tia Singletary, Johnsonville	5-04.00
2006 Anastasia Wilson, Myrtle Beach	5-00.00
2005 Savanna Lewis Lexington	5-00.00

Pole Vault

2025 Hannah Byrd-Leitner, Moorestown	3.80m/12-05.50
2024 Hannah Grace, Coastal Christian	4.19m/13-09.00
2023 Ava Hernandez, Bourbon County	10-07.00
2022 Leah Wood, Stuarts Draft	10-11.00
2021 Madeline Lambdin, Perry	7-11.50
2020 Meet not held	
2019 Grace Hotchkiss, Bishop England	11-07.00
2018 Brittany Bishop, Anderson County	12-03.00
2017 Meet not held	
2016 Gracie Jauch, Liberty Christian	12-00.00
2015 Graysen Simmons, Wayne	10-00.00
2014 Kayla Cool, Perry	9-06.00
2013 Majors, Felecia South County	11-00.00
2012 Courtney Ballard, Wayne	11-00.00
2011 Megan Clark, James I. O'Neill	12-06.00
2010 Riley Loudon, Falls Church	9-06.00
2009 Jessica Berry, Wayne	10-00.00
2008 Veronica Peskosky, Ardrey Kell	8-10.00
2007 Sam Radkin, Chesterfield	9-00.00
2006 Not held	
2005 Kandyce McFadden Lamar	8-09.00

Long Jump

2025 Christyonna Lewis, William Fleming	18' 8.75" (+3.3)
2024 Chazmin Johnson, Berry	19-03.25 (+0.8)
2023 Alisa Gordon, Alexander	18-05.50 (+1.6)

2022 Aadaejah Hodge, Alexander	20-0.5w (+4.2)
2021 Anyae Lindsay, Elizabeth Seton	17-05.25 (+0.3)
2020 Meet not held	
2019 Synclair Savage, N. Cobb Christian	19-11.75 (0.0)
2018 Kayla Watkins, Carolina Forest	17-10.75w (+2.4)
2017 Meet not held	
2016 Henderson, Kierra South County	17-07.75w (+2.5)
2015 Kayla Watkins, Carolina Forest	16-08.50 NWI
2014 Sasha Morrisette, Dobyns-Bennett	17-00.00 NWI
2013 Felecia Majors, South County	19-06.00 NWI
2012 Jazmine Manning, Dreher	17-00.00 NWI
2011 Tika Slay, Alexander	17-08.00 NWI
2010 McFadden, Danielle Sumter	17-10.25 NWI
2009 Ashley Baldwin, Sumter	16-01.75 NWI
2008 Darriale Henley, J. L. Mann	17-02.00 NWI
2007 Tia Singletary, Johnsonville	16-04.50 NWI
2006 Courtney Kinlaw, Carolina Forest	15-03.75 NWI
2005 Paris Gastmon Lexington	14-05.50 NWI

Triple Jump

2025 Chariyah Gilbert, Westlake	37-04.50 (+1.1)
2024 McKenzie Suggs, Bullis School	37-10.50w (+3.0)
2023 Alisa Gordin, Alexander	39-6.5w (+4.2)
2022 Alisa Gordin, Alexander	39-1.75 (0.0)
2021 Anyae Lindsay, Elizabeth Seton	36-8.25 (-0.1)
2020 Meet not held	
2019 Jayla Brown, McEachern	40-02.00 (+1.4)
2018 Anna Shelton, South Brunswick	36-01.50 (+2.0)
2017 Meet not held	
2016 Alexis Alston, St James	35-04.75 (+0.1)
2015 Sasha Morrisette, Dobyns-Bennett	35-00.25 NWI
2014 Adriana Watkins, Dobyns-Bennett	36-02.00 NWI
2013 Iana Amsterdam, Newark Tech	38-11.00 NWI
2012 Iana Amsterdam, Newark Tech	38-04.00 NWI
2011 Danielle McFadden, Sumter	36-00.00 NWI
2010 McFadden, Danielle Sumter	38-02.50 NWI
2009 Dalisha Alston, Waccamaw	33-10.75 NWI
2008 Kristen Crawford, J. L. Mann	35-03.00 NWI
2007 Courtney Kinlaw, Carolina Forest	34-03.00 NWI
2006 Nolessa Timmons, Andrews	32-10.75 NWI
2005 Marlisa Jackson, Lamar	31-01.50 NWI

Shot Put

2025 Madison Davis, Atkins	42-02.00
2024 Ayanna Hunt, Westside	37-11.25
2023 Kinsley Williams, Alexander	37-07.25
2022 Dayneja Atkins, Stockbridge	34-06.25
2021 Niya Crawford, Elizabeth Seton	37-11.25
2020 Meet not held	
2019 Emma Albano, Bishop England	35-06.75

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2018 Aleah Bromell, Waccamaw	35-02.00
2017 Meet not held	
2016 Khayla Dawson, Olympic	47-03.25
2015 Alycia Springs, Mallard Creek	43-04.50
2014 Hasana Clark, Southeast Raleigh	41-03.00
2013 Kristen Sansbury, Hartsville	40-08.50
2012 Kristen Sansbury, Hartsville	42-07.00
2011 Kristen Sansbury, Hartsville	42-03.00
2010 Xylina Mcdaniel, Spring Valley	38-09.50
2009 Ciara Robinson, Spring Valley	36-11.00
2008 Britney Waller, J. L. Mann	38-06.50
2007 Brittany Connor, Emerald	37-04.75
2006 Natasha Brace, Independence	36-11.50
2005 Mackenzie Bartz, Emerald	34-04.50

Discus

2025 Ayanna Hunt, Westside	47.19m/154-10
2024 Ayanna Hunt, Westside	135-10
2023 Ayana Hunt, Westside	123-07
2022 Daynejia Atkins, Stockbridge	122-03
2021 Shakyra Gamble, Carolina Forest	96-09
2020 Meet not held	
2019 Emma Albano, Bishop England	126-7.75
2018 Brianna Young, Socastee	120-10
2017 Meet not held	
2016 Khayla Dawson, Olympic	135-10
2015 Springs, Alycia Mallard Creek	137-04
2014 Mohaghany Baker, Phillip O. Berry	135-10
2013 Brianna Heilsnis, Apex	134-02
2012 Samantha Cortese, Athens Christian	116-06
2011 Charity Grimes, Alexander	107-00
2010 Daisy Whitaker, Camden	120-03
2009 Alexis Thomas, Wayne	123-02
2008 Britney Waller, J. L. Mann	125-05
2007 Brittany Connor, Emerald	128-08
2006 Kim Waldron, Independence	109-00
2005 Brittany Conner Emerald	98-11

Hammer

2025 Event not held	
2024 Event not Held	
2023 Ella Beverage, Alexander	100-06
2022 Ella Beverage, Alexander	83-04
2021 Niya Crawford, Elizabeth Seton	100-05
2020 Meet not held	
2019 Katie Biggs, Cherokee	119-02
2018 Emma Kinicutt, Wellsville	90-03
2017 Meet not held	
2016 Isis Trotman, Centerville	154-10
2015 Savannah Marlow, Cherokee	150-09

2014 Mohaghany Baker, Phillip O. Berry	153-05
2013 Dajsha Avery, Wayne	132-06
2012 Danielle Borriello, Ellenville	137-08
2011 Dramis, Michaela Wayne	115-01
2010 Anna Vanthiel, White Knoll	79-05

Javelin

2025 Ava Michael Davis (Greer Middle)	30.96m/101-07
2024 Brett Jones, Porter Gaud	41.43m/135-11
2023 Ryley Brinkley, West Johnson	32.84m/107-09
2022 Sianna Lydon, Fort Mill	101-8
2021 Savannah Jordan N. Myrtle Beach	37.16m/121-11
2020 Meet not held	
2019 Savannah Jordan North Myrtle Beach	107-04

Boys Individual Event Champions: Meet Record in BOLD

100m

2025 Kenan Walton, Westlake	10.32 (+1.8)
2024 Carson Edwards, The Field School	10.69 (+1.2)
2023 Nigel Ancrum, Spring Valley	10.68wF(+3.0)10.41wp
2022 Nyckoles Harbor, A. Carrol	10.32wF, 10.29p (+1.8)
2021 T'Mars McCallum, Carolina Forest	10.90 (+0.4)
2020 Meet not held	
2019 Shamar Rose, Bradwell Institute	10.62 (+1.8)
2018 Kenny Solomon, Socastee	11.02w (+2.1)
2017 Meet not held	
2016 Christopher Jackson, Bradwell Inst.	10.95w (+2.1)
2015 J.J. Sherman, Waccamaw	10.98 (-1.2)
2014 Lewis Morant, Carvers Bay	11.25 NWI
2013 Ryan Edmonds, Hoggard	11.11 NWI
2012 Shaquille Rodriguez, Laney	10.74 NWI
2011 Tevin Hester, Granville Central	10.89 NWI
2010 Keith Johnson, Berkeley	11.02 NWI
2009 Demoye Bogle, Wayne	10.99 NWI
2008 Eric Sparkman, Waccamaw	11.00 NWI
2007 Kendrick Pressley, Sumter	11.00 NWI
2006 Roderick McDowell, Sumter	11.23 NWI
2005 Torric Davis Spring Valley	11.00 NWI

200m

2025 Zaireon Skinner, Waccamaw	21.68 (+1.1)
2024 Carson Edwards, The Field School	21.48 (+0.2)
2023 Eric Singleton, Alexander	21.09 (+1.4)
2022 Nyckoles Harbor, A. Carrol	20.76w, 20.95p (+0.4)
2021 Chris McFadden, Wilson	22.76 (-1.8)
2020 Meet not held	
2019 Shamar Rose, Bradwell Institute	21.67 (+0.4)
2018 Jackson Junkins, Waccamaw	21.90 (+1.8)
2017 Meet not held	

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2016 Trevor Stewart South County	21.64 (-3.5)
2015 J.J. Sherman, Waccamaw	22.06 (+2.4)
2014 Jamaree Murray, Southeast Ra	22.20 NWI
2013 Elijah Simon, Wilson	22.36 NWI
2012 Brandon Sanders, Dreher	22.00 NWI
2011 Tevin Hester, Granville Central	22.03 NWI
2010 Antonio Blanks, Dunbar	22.11 NWI
2009 Demoye Bogle, Wayne	22.17 NWI
2008 DaShawn Bonds, Wilson	22.59 NWI
2007 Kendrick Pressley, Sumter	22.75 NWI
2006 Kelton Tindal, Sumter	22.16 NWI
2005 Tavarus Murphy Calhoun County	23.15 NWI

400m

2025 Wade Leventis, Waccamaw	48.84
2024 Camerin Williams, Alexis I. DuPont	48.16
2023 Devan Crumpton, Spring Valley	49.75
2022 Nikolas Butler-Simpson, A. McNamara	48.67
2021 Chris McFadden, Wilson	50.75
2020 Meet not held	
2019 Thomas Jackson, Westside	49.15
2018 Jackson Junkins, Waccamaw	49.24
2017 Meet not held	
2016 Trevor Stewart South County	47.88
2015 J.J. Sherman, Waccamaw	48.97
2014 J.J. Sherman, Waccamaw	50.02
2013 Vincent Jackson, Amityville Memorial	49.98
2012 Telvin Fleming, Cedar Shoals	50.32
2011 Tevin Richard, Carvers Bay	50.56
2010 Antonio Blanks, Dunbar	49.65
2009 Brunson Miller, St. James	49.21
2008 Marcus Pope, Andrews	50.19
2007 Brandon Tyson, St. James	51.25
2006 Roger Weathers, Independence	52.28
2005 Tyrell Durant Lamar	52.44

800m

2025 Drew Johnson, Hough	1:56.98
2024 Quincy Wilson, Bullis School	1:50.44
2023 Samuel Walls, Bullitt Central	1:57.37
2022 Davis Puckett, Greer Middle Col. Charter	1:58.40
2021 Jackson Dawson, Fort Mill	2:01.50
2020 Meet not held	
2019 Cole Silvseter, Palmetto Christian	1:57.95
2018 Michael Quispe, Croatan	1:59.47
2017 Meet not held	
2016 Deng Mu, Trenton Central	1:59.19
2015 Jayquan Williams, Southeast Raleigh	1:55.48
2014 Bryce Ailshie, Dobyns-Bennett	1:58.20
2013 John Crossley, West Carterer	1:56.30

2012 Eric Goings, Myrtle Beach	1:59.56
2011 Chris Mcelroy, Dobyns Bennett	1:58.20
2010 Drew Harris, Lexington	2:00.38
2009 Stevie Brunson, Sumter	2:03.64
2008 Josh Shaw, J. L. Mann	2:01.23
2007 Justin McCray, Myrtle Beach	2:01.70
2006 Ross Graves, Myrtle Beach	2:08.27
2005 Ross Kaiser Lexington	2:07.70

1600m

2025 Wilson Rutherford, Waccamaw	4:26.26
2024 Colin Abrams, Bullis School	4:19.49
2023 Samuel Walls, Spring Valley	4:26.18
2022 Elliot Dotson, Hillcrest,	4:20.66
2021 Jacob Koontz, North Myrtle Beach	4:26.26
2020 Meet not held	
2019 Sam Rich, Lakeside (Evans)	4:28.47
2018 Jamie Witmer, Hoggard	4:30.83
2017 Meet not held	
2016 Mulual Mu Trenton Central	4:29.94
2015 Ben Schmidt, Hoggard	4:34.57
2014 Carl Oberfeiting, Dobyns-Bennett	4:29.33
2013 John Crossley, West Carterer	4:18.39
2012 Will Shaffer, Scott	4:26.35
2011 Chris Mcelroy, Dobyns Bennet	4:24.36
2010 Drew Harris, Lexington	4:27.85
2009 Noah Brown, Ardrey Kell	4:42.45
2008 Chris Bailey, Ardrey Kell,	4:35.46
2007 Ross Graves, Myrtle Beach	4:38.76
2006 Ross Graves, Myrtle Beach	4:48.92
2005 Mike Doucette Spring Valley	4:50.0h

3200m

2025 Jackson Tuck, Greer Middle Coll.	9:23.89
2024 Jackson Tuck, Greer Middle Coll.	9:22.92
2023 Charles Slates, Gahanna Lincoln,	9:48.47
2022 Elliot Dotson, Hillcrest,	9:18.38
2021 Jacob Koontz, North Myrtle Beach	9:47.40
2020 Meet not held	
2019 Sam Rich, Lakeside (Evans)	9:47.90
2018 Jack Rosecrans, North Shore	9:46.73
2017 Meet not held	
2016 Ethan Epstein Myrtle Beach	10:07.14
2015 Robinson Snider, Hoggard	10:09.76
2014 Graham Parker, Hoggard	9:51.73
2013 Ryan Shannon, North Lincoln	9:40.74
2012 Brent Demarest, Porter Gaud	9:46.62
2011 Colby Coulter, Lexington	9:51.78
2010 Coulter, Colby Lexington	9:45.68
2009 Noah Brown, Ardrey Kell	10:10.18

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2008 Chris Bailey, Ardrey Kell 10:19.12
 2007 Jack Klecker, Ardrey Kell 10:27.58
 2006 Jeremy Hutson, Aynor 11:10.25
 2005 Josh Walker Lexington 10:39.0h

110mHH

2025 Vincent Nnanna, Alpharetta 14.10 (+0.9)
2024 Anthony Waterman, DeMatha Cath. 13.77 (+0.7)
 2023 Malachi Coleman, William Fleming, 14.42 (+1.4)
 2022 Micah Jones, William Fleming, 14.52w (+2.7)
 2021 Javin Richards, Perry 15.30w (+3.1)
 2020 Meet not held
 2019 William Spencer Highland Springs 14.09w (+2.9)
 2018 Daiqwaun Faircloth, Nansemond 14.23 (+1.3)
 2017 Meet not held
 2016 Anthony, Caleb Centerville 14.85w (+2.9)
 2015 Brent Carroll Berry Academy 15.07 (+0.0)
 2014 Kenny Selmon, Pace Academy 14.53 NWI
 2013 Kenny Selmon, Pace Academy 14.84 NWI
 2012 Devonte Kinlaw, Aynor 14.80 NWI
 2011 Antonio Blanks, Dunbar 14.87 NWI
 2010 Brian Holmes, Alexander MARK NA
 2009 Jeqwaski White, St. James 15.24 NWI
 2008 Marcus Pope, Andrews 14.20 NWI
 2007 Johnson, James Emerald 15.58 NWI
 2006 Marcus Pope, Andrews 14.77 NWI
 2005 Andre Kennedy Lamar 15.28 NWI

400mIH

2025 Vincent Nnanna, Alpharetta 55.10
 2024 Anthony Waterman, Dematha Ca. 55.03
 2023 Anthony Burnett, Newburgh Free Acad. 58.11
 2022 Omari Taylor, Socastee 57.31
 2021 Myles Roberts, Heathwood Hall 59.29
 2020 Meet hot held
2019 William Spencer, Highland Springs 52.77
 2018 Edward Richardson III, Bethel 54.43
 2017 Meet not held
 2016 Trey Myers St. James 56.81
 2015 Greg Casselman, Hanahan 56.99
 2014 Kenny Selmon, Pace Academy 53.80
 2013 Kenny Selmon, Pace Academy 54.10
 2012 Devonte Kinlaw, Aynor 55.02
 2011 Antonio Blanks, Dunbar 54.43
 2010 Brian Holmes, Alexander 56.58
 2009 Jeqwaski White, St. James 56.56
 2008 Marcus Pope, Andrews 55.16
 2007 Adrian Davis, St. James 57.19
 2006 Marcus Pope, Andrews 57.88
 2005 Chris Black Lexington 57.91

2000mSC

2025 Isaac Lenzini, St Johnsbury 6:18.05
 2024 Dean Solomon, Bishop McNamara 6:33.96
 2023 Trey Albertson, Alexander 6:44.45
2022 Gavin Sweeney, Lake Norman 6:12.67
 2021 Raymond Nassarh, Carolina Forest 6:50.89
 2020 Meet not held
 2019 Michael Griffin, South Florence 6:14.36
 2018 Perrin Jones, Waccamaw 6:33.49
 2017 Meet not held
 2016 Kevin Cross Centerville 6:43.53
 2015 Khalil Gary Southeast Raleigh 6:38.64
 2014 Lance Bullerwell, Leesville Road 6:42.80
 2013 Chris Foehringer, Dobyns Bennett 8:22.13

4x100mR

2025 Westlake 40.70
 2024 Woodward Academy 42.23
 2023 Reagan 42.74
 2022 Gahanna Lincoln 41.88
 2021 Carolina Forest 43.65
 2020 Meet not held
 2019 Stockbridge 42.46
 2018 Nansemond River 42.93f; 41.84p
 2017 Meet not held
 2016 Loris 43.97
 2015 Hanahan 43.23
 2014 Withrow 43.91
 2013 Wilson 43.16
 2012 Cedar Shoals 42.30
 2011 Hartsville 43.20
 2010 Airport 42.86
 2009 Wayne 43.42
 2008 Myrtle Beach 44.21
 2007 St. James 44.13
 2006 Sumter 44.39
 2005 Spring Valley 44.34

4x200mR

2025 Alpharetta 1:28.14
2024 Hoover 1:27.09
 2023 Alexander 1:30.65
 2022 Perry 1:29.94
 2021 Wilson 1:34.10
 2020 Meet not held
 2019 McEachern 1:30.22
 2018 Newton 1:31.02
 2017 Meet not held
 2016 Trenton Central 1:31.50
 2015 Ardrey Kell 1:30.90

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2014 Southeast Raleigh	1:30.52
2013 Wayne	1:30.89
2012 Cedar Shoals	1:29.13
2011 Dunbar	1:30.70
2010 Wilson	1:31.31

4x400mR

2025 Westlake	3:22.61
2024 Bullis School	3:11.48
(Quincy Wilson 45.69 anchor)	
2023 Alexander	3:22.28
(Eric Singleton 46.59 anchor)	
2022 Bishop McNamara	3:22.84
2021 Wren	3:32.78
2020 Meet not held	
2019 McEachern	3:25.91
2018 Croatan	3:26.63
2017 Meet not held	
2016 Trenton Central	3:30.83
2015 Southeast Raleigh	3:28.21
2014 Southeast Raleigh	3:21.55
2013 Withrow	3:26.34
2012 Dobyns Bennett	3:28.94
2011 Dunbar	3:21.87
2010 Alexander	3:26.91
2009 Wayne	3:23.94
2008 Battery Creek	3:29.53
2007 St. James	3:28.41
2006 Sumter	3:41.61
2005 Spring Valley	3:35.0h

4x800mR

2025 Greer Middle College Charter	8:27.35
2024 Greer Middle College Charter	8:23.22
2023 Central Academy of Technology	8:14.40
2022 Greer Middle College Charter	8:16.30
2021 Fort Mill	8:14.82
2020 Meet not held	
2019 Bishop England	8:17.44
2018 Waccamaw	8:27.23
2017 Meet not held	
2016 Trenton Central	8:17.81
2015 Southeast Raleigh	8:21.72
2014 Southeast Raleigh	8:16.98
2013 Ardrey Kell	8:21.38
2012 Dobyns Bennett	8:17.38
2011 Ardrey Kell	8:07.40
2010 Ardrey Kell	8:21.07
2009 Myrtle Beach	8:33.08
2008 N. Myrtle Beach	8:37.57

2007 St. James	8:43.98
2006 Carolina Forest	9:09.61
2005 Myrtle Beach	9:01.0h

High Jump

2025 Julian Brown, Myrtle Beach	6-7/2.01m
2024 Drew Dillard, Archbishop Carroll	6-6/1.98m
2023 Jonathan Koger	6-6/1.98m
2022 Nigel Vidale, Dobyns Bennett	6-2/1.88m
2021 Shyhiem Scotland, Wren	6-9/2.06m
2020 Meet not held	
2019 Caleb Coles, Amherst County	6-4/1.93m
2018 Tanner Henry, Dobyns-Bennett	6-2/1.88m
2017 Meet not held	
2016 Semaj Willis Trenton Central	6-04.00
2015 Austin Copley, Carolina Forest	6-00.00
2014 Jordan Latimer, Wayne	6-05.00
2013 Connor Mitchell, Dobyns Bennett	6-04.00
2012 Jalen Fraizer, Cross	6-04.00
2011 Jacquez Legette, Wilson	6-00.00
2010 Devin Cooper, Wilson	6-04.00
2009 Elbert Maxwell, Hayfield	6-02.00
2008 Devon Walters, Socastee	6-00.00
2007 Mack Singletary, Johnsonville	6-04.00
2006 Ross Graves, Myrtle Beach	6-00.00
2005 Anthony Williams Lamar	5-10.00

Pole Vault

2025 Dylan Kempf, N. Myrtle Beach	13-11.25/4.25m
2024 Collin Pate, Hoover	14-05.25/4.40m
2023 Braden Richards, Perry	14-05.25/4.40m
2022 Javin Richards, Perry	15-06.25/4.73m
2021 Javin Richards, Perry	14-10.75/4.54m
2020 Meet not held	
2019 Gabriel Hines, North Myrtle Beach	12-11.00
2018 Sam Cecil, Rock Hill	11-06.00
2017 Meet not held	
2016 Mitchell Kubicki Whitmer	14-09.00/4.25m
2015 Chase Pfaff Hanahan	13-00.00
2014 Nick Lauria, Perry	13-03.00
2013 Khalil Jackson, South County	13-03.00
2012 Michael Shiverdecker, Wayne	13-06.00
2011 Michael Shiverdecker, Wayne	14-06.00
2010 Landon Hunt, Robbinsville	13-06.00
2009 Jaquon Peques, Cheraw	13-06.00
2008 Jaquon Pegues, Cheraw	15-00.00
2007 Matt Hill, West Ashley	12-07.00
2006 Event Not held	
2005 Daniel Neese Lexington	12-00.00

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Long Jump

2025 Israel Brown, Myrtle Beach	22-7.75w (+2.9)
2024 Mnason Wilson, Jackson-Reed	22-05.75(+0.0)
2023 Andrew Steele, Reagan	22-3.00 (+0.6)
2022 T'Mars McCallum, Carolina Forest	24-09w (+3.1)
2021 Javon Cola, Socastee	19-11.50 (+2.5)
2020 Meet not held	
2019 Caleb Coles, Amherst County	21-07.50 (+0.4)
2018 Jaden Slocum, Alpharetta	23-1.25 (+0.2)
2017 Meet not held	
2016 Ilyaas Motley Centerville	22-11.00 (+0.8)
2015 J.J. Sherman Waccamaw	21-07.00 NWI
2014 Jordan Latimer, Wayne	23-01.00 NWI
2013 Immanuel Henderson, Ardrey Kell	22-02.00 NWI
2012 Jamario Calhoun, Cedar Shoals	21-09.50 NWI
2011 Josh Jackson, Hartsville	21-11.25 NWI
2010 Romaine Prince, Sumter	21-07.50 NWI
2009 Romaine Prince, Sumter	21-03.50 NWI
2008 Justin Duncan, Andrews	21-05.00 NWI
2007 Mack Singletary, Johnsonville	21-04.75 NWI
2006 Robbie Cooper, Andrews	18-03.50 NWI
2005 Marshall McFadden Lamar	19-02.00 NWI

Triple Jump

2025 Keemaj Clinkscales, Westside	45-09.75 (+1.5)
2024 Charles Crowder, Hoover	45-01.50 (+0.3)
2023 Brenden Carter, Startford	46-05.50w (+3.6)
2022 Drew Dillard, Archbisop Carroll	47-02.25 (0.0)
2021 Shyhiem Scotland, Wren	41-11.50 (-1.2)
2020 Meet not held	
2019 Cameron Hudson, Cedar Shoals	49-00.50 (0.0)
2018 Nick Hmapton, Westside	41-09.00w (+2.2)
2017 Meet not held	
2016 Perry Donker South County	48-06.50w (+2.6)
2015 Alijah Dunn, Dobyns-Bennett	43-04.75 NWI
2014 Jordan Latimer, Wayne	46-07.50 NWI
2013 Jordan Latimer, Wayne	45-07.00 NWI
2012 Jamario Calhoun, Cedar Shoals	48-09.00 NWI
2011 Jamelle Batts, North Brunswick	44-06.00 NWI
2010 Antonio Blanks, Dunbar	44-08.00 NWI
2009 Ken Funnye, Andrews	44-07.00 NWI
2008 Norman Jenkins, Battery Creek	45-00.00 NWI
2007 Mack Singletary, Johnsonville	44-02.50 NWI
2006 Randall Bellamy, Loris	39-05.25 NWI
2005 Shaquill Smith Spring Valley	42-10.00 NWI

Shot Put

2025 Dacian Davis, Monroe Area	54-11.25/16.74m
2024 Caleb Barley, DeMatha Catholic	55-11.75/17.06m
2023 Lleyton Penn, Mercer County	50-00.75

2022 Nathan Lau, Top Sail	50-3.5
2021 Latrell Pitts, Carolina Forest	45-09.00
2020 Meet not held	
2019 Chancellor Crawford, Mallard Creek	56-04.00
2018 Jaylen Spellman, Southview	49-10.00
2017 Meet not held	
2016 Daruis Jackson Loris	48-08.75
2015 Robert Landers, Wayne	61-10.50
2014 Evan McCracken, Cherokee	60-03.00
2013 James Rowland, Northside	56-01.00
2012 James Rowland, Northside	50-09.00
2011 Ryan Minor, South Brunswick	55-06.00
2010 Ryan Minor, South Brunswick	55-08.00
2009 Cameron Griggs, Chesterfield	51-05.00
2008 Giavonni Scott, Ardrey Kell	51-11.00
2007 Giavonni Scott, Ardrey Kell	50-06.50
2006 Darius Collins, Andrews	44-11.50
2005 Kenny Stephens Spring Valley	52-00.00

Discus

2025 Ben Gibbs, Metrolina Christian	142-06/43.45m
2024 Joshua Sterling, St. James	154-08/47.14m
2023 Dacian Davis, Monroe Area	135-05
2022 Kelechi Ihekwereme, Alexander	151-01
2021 Jonathan Vandergrift, Metrolina Christian	132-1
2019 Chancellor Crawford, Mallard Creek	175-06
2018 Adam Hart, Topsail	153-00
2017 Meet not held	
2016 Daruis Jackson, Loris	149-09.75
2015 Evan McCracken, Cherokee	157-00
2014 Evan McCracken, Cherokee	153-09
2013 Lovell Peterson, Wayne	175-09
2012 Jordan Pickerel, Athens Christian	160-06
2011 Jared Harrison, Wayne	163-09
2010 Ryan Minor, South Brunswick	162-01
2009 Cameron Griggs, Chesterfield	160-01
2008 Cameron Griggs, Myrtle Beach	145-01
2007 Louis Jackson, Emerald	136-01
2006 Bruce Taylor, Myrtle Beach	123-08
2005 Kenny Stephens Spring Valley	142-09

Javelin

2025 Brody Runion, Greer Middle Coll.	155-07/47.43m
2024 Brody Runion, Greer Middle Coll.	159-07/48.66m
2023 Brayden Richards, Perry	175-05/53.48m
2022 Brayden Richards, Perry	162-07
2021 Brayden Richards, Perry	157-06
2020 Meet not held	
2019 Chris Arias, Christian Brothers Academy	150-08

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Hammer

2025 Event not held	
2024 Event not held	
2023 Martin Hare, Providence Day School	109-10
2022 Nathan Lau, Top Sail	136-11
2021 No competitors	
2020 Meet not held	
2019 Raeshon Smith, Highland Springs	112-04
2018 Jacob Wilkins, Bishop England	193-04
2017 Meet not held	
2016 Jacob Rieman Carroll	121-07.50
2015 Landers, Robert Wayne HS	182-03
2014 Colin Minor, South Brunswick	223-07
2013 Colin Minor, South Brunswick	218-01
2012 Colin Minor, South Brunswick	186-03
2011 Ryan Minor, South Brunswick	189-07
2010 Ryan Minor, South Brunswick	181-10